

Pulman's View from Honiton

incorporating Honiton Advertiser

Issue 247

Est. 2005

PICK UP YOUR FREE COPY plus Property View

Tuesday, December 29th 2009

WISHING ALL OUR READERS A VERY HAPPY NEW YEAR

DOUBLE STORE CHAIN SCHEME

BY BEN MIDDLETON

ben@findlenews.co.uk

THE year 2010 could see Honiton become home to two more national supermarket chains.

Both Lidl and Aldi have been given permission to build in the town and Lidl says it will begin work on its new store at the site of the BP garage on the Heathpark Industrial Estate as soon as a section 106 agreement can be agreed with East Devon District Council (EDDC).

The German chain originally submitted an application in September 2008 but that was withdrawn. Then in October this year the application was resubmitted.

The plan includes demolishing the existing garage and creating a neighbourhood food store with up to 85 parking spaces.

During a recent planning meeting town councillors in Honiton gave the Lidl application their support. However, they did voice a couple of concerns mainly regarding traffic and access issues.

A spokesman for the council said: "The town council is concerned that there appears, at this stage to be no comments from the Highways Agency.

"A crossing is required over the Heathpark Way to facilitate residents from local estates to be able to safely access the store.

"A filter lane is required in Turks Head Lane. A crossing is required on the Exeter Road between Lidl and the entrance to the new Aldi store and a crossing is required over Turks Head Lane to facilitate pedestrians crossing this busy junction.

"In addition the town council believes that the resolution of air pollution problems should be prioritised.

"The town council has concerns regarding localised flooding in Exeter Road, particularly in properties directly opposite the entrance to Heathpark Way and the town council remains concerned that the lack of retail sites in the town centre is leading to a division of shopping areas."

A spokesman for Lidl said: "Further to the town council's positive recommendation for the application, the district council subsequently recommended the scheme for approval.

"The plans were discussed at east Devon's planning



◆ YOUNG Charlie Simic, two, of Honiton, received a visit from Santa Claus himself when Honiton Round Table organised for the sleigh to tour Woodman's Crescent among many other of the town's residential roads

committee meeting on December 8th and the application was approved subject to the signing of a section 106 agreement.

"Lidl has commenced discussion of the section 106 with east Devon's legal team and hope that matters can be drawn to a swift conclusion."

Aldi is set to build its store at the current site of the Slades Countrywide Store.

■ HAVE your say. Do you support plans for a Lidl and Aldi in Honiton?

See page 11 for details

NEVER MISS OUT.
YOU CAN NOW
READ PULMAN'S
VIEW ONLINE

www.honiton-today.co.uk



MARTHA MOCKFORD
est.1984

Is it time
for a new kitchen?
traditional and modern choices

Over 200 designs

01404 44189
www.marthamockford.co.uk

PULMAN'S
LITTLE
ANGELS

The festive faces of children
across Pulman's Country
are captured during their
nativity plays... pages 8-10

Axminster Carpets
Factory Outlet

Remnants • Seconds • Discontinued Lines • Roll Ends
Rugs • Sheepskins • Underlay and Fittings

Just outside Axminster on the A358 Seaton road.

FREE Local
Measuring
Service

Telephone: 01297 33993

www.axminsterfactoryoutlet.co.uk

Ample
FREE
Parking

WINTER SALE!

STARTS Wednesday 6th January

30% OFF
ALL REMNANTS

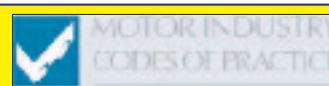
50% OFF
SELECTED ROLLS



**Car Maintenance
Centre Ltd**



MOT's - Servicing - Repairs - Welding - Tyres - Electrical - Fault Finding
C.M.C The 'Complete Package'
in Car Maintenance



Unit 9 -11 Honiton Business Park, Ottery Moor Lane, Honiton EX14 1BG

Tel: 0800 634 2717 or 01404 549299

email: enquiries@cmc-honiton.co.uk

Free FAMILY ANNOUNCEMENTS

Happy 20th Birthday Matt Hancock
Have a great day
Love from all your Family and Friends

Happy Birthday Nan (Pat Collins)
wishing you all the best
Lots of love
Toby and Joe

In loving Memory of Alice Rise who passed away 19th December 2007. Missed and Loved by Eileen, Gerald, Rob, Jen, Andy and families

Happy 18th Birthday Joshua White
2nd Jan, all our love
Mum, Dad, Jess,
Will, Chris & Rebecca

Congratulations Laura and Ryan
A little boy on the way.
Take care
Love from all you're family and friends.

Fowler - Mark & Kirsty
Congratulations on the birth of our first Great Granddaughter
Sophie Molly Rose
15th Dec 2009
From Nan & Grandad Clark

To Aaron Doble
Congratulations on Passing our driving test
Lots of Love
Mum, Baz & family xx

Happy 99th Birthday Dad
30th Dec
All our love
Pam, Ken, Norman, Nancy, Grandchildren & Great Grandchildren

FAMILY ANNOUNCEMENT ORDER FORM

Message

Date for insertion: Tuesday

Send to: PULMAN'S VIEW FROM PUBLISHING LTD.,
Unit 3, St Michaels Business Centre, Church Street, Lyme Regis, Dorset DT7 3DB

Signed Telephone.....

We are happy to include photos. If you would like to have your photos returned, please supply a S.A.E.
Only entries submitted with full contact details will be published. Deadline is Thursday before the Tuesdays publication and must be submitted on the above form, no faxes or emails will be considered.
This is a free service and whilst we endeavour to include all entries we cannot guarantee insertion
We cannot accept liability for loss or error.



Pulman's View from Honiton
Pulman's View from Axminster
Pulman's View from Seaton
Pulman's View from Colyton
Pulman's View from Ottery

For advertising contact

Kelly on 01297 446144
or kelly@pemedi.co.uk

Postal address: View From Publishing Ltd,
Unit 3, St Michael's Business Centre, Church Street, Lyme Regis, Dorset DT7 3DB

Editorial Manager

Kate Erin Mew

kate@tindlenews.co.uk

01297 631120

Postal address: Tindle House, South Street,
Axminster, Devon EX13 5AD

Rock Follies
new and nearly new fashions

Happy Christmas Everyone

Dont forget our Mad Bad Sale
26th - 31st December
from 11.00am daily

WEST BEACH • CHARMOUTH • 01297 560144/560743



The Paper Shop

10 New Street, Honiton EX14 1EY
Tel: 01404 41222

WE NOW OFFER A QUALITY HOME NEWS DELIVERY SERVICE IN THE FOLLOWING VILLAGES AND SURROUNDING AREAS

Awliscombe • Monkton • Rawridge • Upottery
Cotleigh • Offwell • Wilmington • Shute • Whitford
Umborne • Dalwood • Stockland • Yarcombe
Farway • Northleigh

SERVICE IS OUR SUCCESS

THE PAPER SHOP HONITON - SERVING RURAL COMMUNITIES



RSIL



Plastics Window Federation

Windows & Conservatories Limited

Installers of Windows, Doors, Conservatories, Fascia, Soffit & Guttering

Wishing all our customers a Happy New Year



A Family Run Business

FREE Expert design and quotation

Quality products and installation

All work completed by in house craftsmen

A wide range of colours and design to suit your property

10 Years guarantee

Visit our website:

www.rsl-windows.co.uk

Phone for a free quotation

Tel/Fax 01297 560856

Mobile 07979 475164

Supplies to Trade & D.I.Y. at competitive prices

Your PULMAN'S VIEW FROM team

Pulman's View from, Tindle House, South Street, Axminster, Devon EX13 5AD Website: www.axminster-today.co.uk



EDITORIAL MANAGER
KATE ERIN MEW
kate@tindlenews.co.uk
01297 631120



CHIEF REPORTER
ANDERS LARSSON
anders@tindlenews.co.uk
01297 631120



REPORTER
BEN MIDDLETON
ben@tindlenews.co.uk
01297 631120



ACCOUNTS MANAGER
STEVE DOWNTON
s.downton@tindlenews.co.uk
01297 32078



ACCOUNTS ASSISTANT
LUCY STEAD
lucy.stead@tindlenews.co.uk
01297 32078



SALES EXECUTIVE
TOBY MOORE
toby@pemedi.co.uk
01297 446151



SALES EXECUTIVE
KELLY BAKER
kelly@pemedi.co.uk
01297 446144



SALES EXECUTIVE
JULIE PIKE
julie@pemedi.co.uk
01297 446157



SALES EXECUTIVE
JENNA MOORE
jenna@pemedi.co.uk
01297 446158

Courses for driving are up for grabs

TEN driving courses are up for grabs in a competition being run by Devon County Council to help motorists improve their driving skills in the new year.

Councillor Stuart Hughes, county council Cabinet member for Highways and Transportation, said: "These driver training courses can help drivers become more aware of how to adapt their driving safely for treacherous winter conditions and it's a great prize that could help you stay safe on the roads in the new year."

More information and entry details can be found online at www.devon.gov.uk/countrysmile. Winners will be announced at the end of January.

Generosity gets praised

POPPY Appeal organisers for the Colyton area have praised the generosity of those who helped to take this year's total above the £5,000-mark.

A spokesperson for Colyton District of the Royal British Legion Poppy Appeal said: "Colyton District, which also includes Northleigh, Southleigh, Shute and Whitford, has raised £5,104 for the 2009 Poppy Appeal thanks to the efforts of our collectors and to those who gave so generously."

Metal canine cages stolen

TWO metal dog cages have been stolen from a barn near Broadcroft Cross, Chardstock.

Police are appealing for witnesses to the burglary, which occurred in the evening of Wednesday, December 2nd.

Police say a blue Subaru vehicle may have been in the area and involved.

Anyone with information is asked to call 08452 777 444 and ask for Axminster Police Station, quoting crime reference number KA/09/623.

Man arrested

A-TWENTY-NINE year old man from Honiton has been charged following a burglary at a premises just off the High Street on Monday, November 2nd.

He will appear before Exeter Magistrates Court on Tuesday, January 12th.

Local representatives share new year wishes

IT'S that time of year when you start to think about new year's resolutions.

With Christmas been and gone and 2010 just around the corner *Pulman's View* has asked local representatives what they would like to see in the next 12 months.

Roger Giles, town, district and county councillor for Ottery St Mary, said: "We need a fully functional Ottery Hospital to continue to provide excellent services for local people and we need a vibrant shopping community in Ottery."

"Road safety has always been one of my top priorities, improvements that I hope to see in 2010 include a 20mph speed limit in Tipton and reduced speed and improved safety in the Shutes Mead part of Ottery."

"I hope that the excellent local schools will benefit from recent improved facilities and will go from strength to strength. I also hope to see substantial progress towards delivering play facilities in West Hill, a skate and bmx park in Ottery and the cycleway connection between the town and The Kings School."

Vivienne Ash, mayor of Honiton, said: "Building the community centre is the main priority in 2010. We also want to deliver allotments and improve our marketing."

"We are working with the chamber of commerce and tourist information centre to promote the town and I hope we can make good progress with this in the next year, there is a marketing strategy in place and this will be launched in early February."

"The town council will continue to work closely with young people and I have been extremely impressed with the young people we have worked with so far and we will continue to build relationships with them."

Sandra Semple, mayor of Seaton, said: "Ideally in 2010 I would like to be able to provide something for young people in the town."

"The results of a survey that we have conducted show that this is deeply needed and more than half of the households in the town are prepared to pay a little extra for it."

"Nobody will do this for us and if we don't do something ourselves we won't get anything."

"In difficult times we need people to be as generous as they can."

"That is my wish and I hope we can get something for the young people completed as soon as possible."

Helen Parr, district councillor for Colyton and the Coly Valley, said: "I would like to see Colyton have a thriving economy in 2010 and the affordable homes project to be

completed, this is a superb project in Colyton and should be carried out in more rural places."

"The Reece Strawbridge Centre is going to be brilliant when it is up and running and we need more provision for youngsters in the town."

"I don't know how but we have got to make improvements in transport links from main roads. Some people in rural areas have cars and some don't and people need to get places."

"The Axe Marshes project needs to continue as well so that we have a clean and green environment."

Axminster mayor Ron Jones looked back on a very busy year and said: "Who says nothing happens in Axminster? It has been a very special year for Axminster."

"We had The Tour of Britain and now we also have a completely refurbished and modern hospital, which is second to none."

"And, of course, we've had the redoubling of the railway line and there are many other things going on."

"Unfortunately this year, we have had to say goodbye to Michael Steer and The Alternative Theatre Company, who have given many years of fun and laughter to many."

"For next year we will have a celebration of the railway service in Axminster being 150 years old,

possibly with a party in June or July.

"Webster's garage, an eyesore for many years, will have a new front with murals on it — my thanks to ACE and Andrew Moulding for their hard work."

"It would also be nice if the George Hotel is purchased and put to good use — and I understand the church will see a new vicar in place in 2010."

"Also, if the economy eases, some building sites may start building again. Axminster is a town to be proud of, with many people working hard to make it even better in 2010."

"Some things do take time, but we will get there. I would like to thank town councillors for their hard work and guidance. It may look to some that nothing happens — but I can assure you that is not the case."

"Thanks also to our town clerk, Hilary Kirkcaldie, who keeps me and the town council on the straight and narrow — and Guildhall manager Sarah Farrant who has done sterling work in promoting the Guildhall. Watch out for the next tribute band in 2010."

"Many thanks to everybody in and around Axminster. Without you there wouldn't be an Axminster to be proud of."

"I do hope that you have a happy and healthy new year."

£764 worth of promises

AN auction of promises and a raffle raised £764 for The Muscular Dystrophy Campaign, Tesco's charity for 2009.

The auction and raffle was staged by the company's Axminster branch and held at Cloakham Lawn Sports Centre on Thursday December 3rd.

Tesco's Axminster community champion, Kath Rabyjohns, expressed gratitude to all those who helped or supported the event in various ways.

These included local companies that gave donations, members of the public who came to the event, Cloakham Lawn for providing the venue and auctioneer Charles Clark who didn't charge for his services.

Council looks for volunteers

HEMYOCK Parish Council is looking for volunteers to carry out footpath surveys around the parish.

The surveys take place on a regular basis and are designed to check for unauthorised diversions and blockages.

Anyone who like to volunteer should contact parish clerk Anne Kingston on 01823 680918.

NEWSROOM:
01297 631120



◆ PEOPLE gathered in the Axminster Inn in Silver Street, Axminster, on Tuesday night, to take part in the BBC South West interactive carol singing event. Organised by the BBC with Churches Together the programme was broadcast live throughout the south west. The group in the pub dressed as a nativity scene for their contribution to the show, and are pictured as the singing began

YOU CAN NOW VIEW THE PAPER ONLINE AT WWW.AXMINSTER-TODAY.CO.UK

Cinnamons
INDIAN RESTAURANT
10 South Street, Axminster
Happy new year
and best wishes from
all at Cinnamons

01297 631175

SIDMOUTH BED & MATTRESS CENTRE
Est. 1986

SAVE ★ SAVE ★ SAVE ★ SAVE
4'6" ~~with drawers~~ with drawers, with mattress and latest back care spring system giving superb back support, with wool fillings for comfort WAS £799

EVENT PRICE £399

- All sizes of beds available - 2'6", 3', 4', 4'6" & 5'
- Immediate FREE delivery on stock to Honiton, Axminster, Seaton, Lyme Regis, Uplyme, Charmouth, Ottery & Sidmouth areas

BACK PROBLEMS?
Why not try the 4'6" Orthopedic back care bed. Designed to give maximum comfort & support for the back. With two drawers.

Terrific price £295

WINTER SALE NOW ON

- FREE ASSEMBLY • FREE DELIVERY
- FREE HEADBOARD ON SELECTED MODELS
- REMOVAL OF OLD BED UNDERTAKEN

124 HIGH STREET EX10 8EE - AT REAR OF FULFORDS ESTATE AGENTS
01395 579576
MONDAY - SATURDAY - HALF DAY THURSDAY

TO ADVERTISE IN THIS SPACE CALL THE SALES TEAM 01297 446144

pb Home Solutions Ltd
Kitchens
Bedrooms
Bathrooms

Built in & Free Standing Appliances
Tiles & Flooring
New Doors & Worktops

Seaton 01297 22559
20 Fore Street, Seaton
www.pbkitchens.co.uk

Honiton Cats Protection

Gorgeous Molly (and sister Milly) was left in Devon when her owners moved abroad - she's not too fussed but would really like a new home for the new year so if you can help call Honiton Cats Protection now on 01404 45241 www.honiton.cats.org.uk

Honiton Cats Protection on 01404 45241



◆ REPRESENTATIVES from Colyford receiving a runner-up certificate from Councillor Graham Liverton

Village gets praised for good work

BY ANDERS LARSSON
anders@findlenews.co.uk

COLYFORD and its residents have been praised for pulling together in tough times to make the village such a nice place.

Colyford finished runner-up in the Large Villages East Devon category of The Best Kept Village Competition 2009.

The competition is organised by The Campaign to Protect Rural England (CPRE), but the most recent accolade came from East Devon District Council (EDDC).

An EDDC spokesperson explained: "Whilst separate arrangements are made by CPRE to present the Devon-wide winners with their trophies, each year EDDC formally recognises the efforts made by villages within the district that

have been given high points in the competition but are not Devon-wide winners."

EDDC chairman Graham Liverton presented the certificates and said: "Rural communities have recently had a tough time with the closure of post offices, schools and village shops."

"It is heartening to know that, in spite of the recent economic downturn, people are still pulling together to make this area of England not only a beautiful place to live, but one where people work for the benefit of everyone."

"I congratulate all the winners and those villages who didn't receive a prize this year, but who worked hard to submit an entry into the competition."

The Small Villages East Devon category was won by Dalwood, with Hawkchurch in second place.



◆ **THREE** youngsters were rewarded at Axminster Library for their efforts in various competitions. The library service's website has a section called The Zone, hosted by M@x the cyberdog, aimed at young people. Among other things, The Zone invites users to a host of competitions. Ten-year-old Jade Smith was the winner of a joke competition whilst 16-year-old Eleanor Brake triumphed in an art competition for those aged 13-17 called Wild About Devon. In addition, 11-year-old Amy Elford finished second in the five-12 age group of Wild About Devon. All three were invited to Axminster Library on Friday, December 4th to be presented with prizes. The winners are pictured with librarian Pat Whitehead at the back

Council doing all it can to ensure safety

WITH the current cold snap expected to last for the next few weeks Devon County Council (DCC) say it is doing all it can to ensure the roads are safe for motorists across the region.

A fleet of gritters has been working non stop following the ice and frost that has gripped the county.

Stuart Hughes, Devon County Council cabinet member for highways and transportation, said: "With a mixture of snow, rain and ice, conditions on the county's roads will be very difficult and motorists must take care, even on the roads that have been salted."

"We are doing everything we can to keep roads as passable and safe as reasonably possible but unfortunately, there is no way that we could get to every road in the

county because of the vast size of Devon's road network.

"Drivers need to be aware that ice could be a problem in some areas."

Chris Cranston, DCC operations manager, added: "We do not have the resources to treat the whole network including footways and cycleways. Our priorities are to proactively treat the major roads which take the majority of the traffic and also reactively treat the busiest footways in city and town centres when resources become available."

"But with the prolonged cold spell, which is expected to last through the Christmas holiday period, anyone using the highway network must take personal responsibility and extreme care when they venture out in these conditions."

'The Sale'

THE BED & SOFA EXPERT

A FAMILY RUN BUSINESS SINCE 1972

STARTS 29th DEC

at

Kingsbridge & Honiton



V-SPRING
Life Therapy



ELSEN



TEMPUR

BEDS • MATTRESSES • BED LINEN • BEDROOM FURNITURE
at **The Sofa Expert** explore our **CHAIRS • SOFAS • RECLINERS**







**Countrywide
Delivery
Available**

Experience luxury,
comfort and elegance

www.peterbetteridge.co.uk

at our

SALE

PRICES!

The Bed Expert
Kingsbridge - 20 Fore Street
Tel: 01548 853503

The Bed Expert
Honiton - 115 High Street
Tel: 01404 549992

The Sofa Expert
Kingsbridge - 60 Fore Street
Tel: 01548 852041

DOUBLE AWARD WINNING FURNITURE INDUSTRY RETAILER AND NATIONAL BED FEDERATION RETAILER

CALL THE NEWSROOM
ON 01297 631120

Police attend ice accidents

AXMINSTER police were kept busy with weather-related car accidents in the morning of December 23rd.

Police received five calls in a short period of time ranging from a three-car collisions to a single car overturning.

Police said there were no major physical injuries but some of those involved suffered from shock.

In addition, a number of cars involved suffered varied degrees of damage.

Among incidents were an overturned car near The Golden Hind pub, Musbury, and a three-car collision at the junction of Woodbury Lane and Musbury Road.

Icy road conditions were blamed for all the accidents.

Death is not 'suspicious'

POLICE say there are no suspicious circumstances in relation to the death of an elderly lady in Axminster.

The lady was found deceased in her home at an address in the town and police were called at about 9.30am on Tuesday, December 22nd.

Police said: "There are no suspicious circumstances."

CONTACT THE NEWS TEAM ON 01297 631120 OR SEND EMAILS TO: pulmans@tinldenews.co.uk

Public views for housing plan wanted

BY BEN MIDDLETON
ben@tinldenews.co.uk

A DEVELOPMENT of 70 homes could be constructed on land at Dukes Way, Axminster, if a planning application is given the go-ahead.

The application was submitted by Betterment Properties Ltd, of Weymouth, at the beginning of December and East Devon District Council (EDDC) is accepting public comments on the plan.

The development is phase two of the existing Streamside development.

A spokesman for Betterment Properties said: "An application was made for phase two in March 2008 and refused in December 2008.

"Following the refusal further discussions took place with the planning officer and Devon Highways and the scheme amended as to the road network and certain house types. The plans were put on public display during

spring 2009.

"The housing type will consist of two bedroom two storey houses, three bedroom terraced, semi detached and detached and an occasional three storey, two bed flats above garages and larger detached family homes."

A total of 28 of the properties will be set aside for affordable homes.

Paul Lowe, housing strategy officer at EDDC, said he welcomed the application.

He said: "We welcome this opportunity to provide much needed affordable housing in Axminster. All affordable homes are to be constructed to current Homes and Communities Agency build and design standards, be tenure blind, and managed by a registered social landlord."

A bat and wildlife survey has been carried out at the site.

Sarah Candlin, of Acorn Ecology, said: "The site includes a field, hedgerows and a small stream. Some of the mature trees in the woodland strip surrounding the stream have cracks and crevices in them and have some

potential to be used by roosting bats.

"However, it is understood that none of these (trees) will be removed as part of the proposed development. No dormice nests were found and no signs of otters were found in the stream."

"Most of the grassland on the site is unsuitable for reptiles."

A transport assessment has also been carried out.

A spokesman for IMA transport planning added: "Vehicle access would primarily be routed through Dukes Way, which is accessed off Woodbury Lane and Musbury Road.

"The site has high levels of pedestrian accessibility and buses run along Musbury Road at least every hour to Seaton. Given the site's closeness to the town and the existing bus services that run close to the site, it is deemed that any bus route extension or new service would be unviable."

"The development is deemed acceptable in highways terms."

A flood risk assessment and environmental impact assessment has been conducted and approved.

Christmas arrives at community service

OTTERY St Mary Parish Church played host to a Christingle service on Saturday, December 19th.

Many residents of the town attended the event and people of all ages took part in the service.

Team rector Simon Franklin said: "This service [the Christingle] is when Christmas really feels like it has arrived, with a packed church and the smell of the oranges and candles. It's a magical experience for old and young alike."

"We were also fortunate to have

members of the East Devon Youth Orchestra who played at the service and accompanied our choir and congregation."

On Christmas Eve a crib service was held at the church from 6pm, then from 11.30pm there was the midnight communion.

During the crib service youngsters took part in a nativity play.

On Christmas morning a family communion service was held from 10am.

Read the paper online at www.honiton-today.co.uk



EAST DEVON BRANCH
www.eastdevoncats.com

ALL OUR CATS AND KITTENS ARE FLEAD, WORMED, VACCINATED, MICROCHIPPED AND IF OVER 5 MONTHS OLD, NEUTERED.

WE ALSO HELP WITH NEUTERING COSTS FOR THE KITTENS WE HOME

These are only a few of the cats in our care who are looking for homes.

If you do not see the cat for you, please call 01404 811089



PRINCE is a lovely friendly 6 month old boy who is staying at our foster home near Axminster 01297 351110
SHERRY & LOLA are friendly 6 month old girls. 01297 216110
JET and his friends are very friendly youngsters staying in Axminster 01297 349116
ROSE and her friends are friendly youngsters 01297 22085
LARK is a lovely tabby kitten. 01297 552905
SID is a ginger & white long haired boy 01395 577334
BOOTS is a lovely dilute torty girl. 01395 515601
MINKY is a beautiful 1 year old Korat X 01404 812920
FLOELLA is a beautiful dilute tortie girl staying at our homing centre near Ottery St Mary 01404 822403
SERJ who is black & white and his black brothers are very friendly kittens staying at Rockbeare 01404 823696

For more information and for General Enquiries including Neutering Advice and help with Neutering Costs for those eligible - 01404 811089 or 07751 765578
IF YOU HAVE LOST OR FOUND A CAT PLEASE CALL - 01297 21610

www.potburys.co.uk

POTBURYS

WINTER SALE NOW ON

DINING FURNITURE



BEDS



OCCASIONAL FURNITURE



LEATHER FURNITURE



SOFAS & CHAIRS



LIGHTING



DISCOUNTED TOP BRANDS INCLUDE...

 15% OFF	 25% OFF
 25% OFF	 20% OFF
 20% OFF	

FREE DELIVERY

- DINING FURNITURE
- SIDEBOARDS
- LAMP TABLES
- CABINETS & DRESSERS
- SOFAS & CHAIRS
- BEDS
- LIGHTING
- BOOKCASES
- DESKS & TV STANDS
- COFFEE TABLES
- CUSHIONS
- CARPETS & RUGS and more

HIGH STREET
SIDMOUTH
01395 515555

because of Slimming World
i'm 3 sizes smaller - and loving it!

Becky from Northumberland
Read my story online at www.slimmingworld.com

Join a warm and friendly group near you today...

TUESDAYS @ 6.30 pm
HONITON: Honiton Community College (Nr Sports Centre)
Tel: Sharon - 07963 337178

Wednesdays @ 10.30am & 12.30pm
HONITON: Honiton Baptist Church High Street
Tel: Sharon - 07963 337178

WEDNESDAYS @ 4.30 pm & 6.30pm
SIDMOUTH: St John's Hall Blackmore Drive
Tel: Katrina - 01884 32606

FREE membership worth £10*

FREE online support 24/7

NEW extra easy starter pack

 because you're amazing

0844 897 8000
www.slimmingworld.com

Ladies raise heroes' cash

THE Raymonds Hill Ladies' Club staged a successful Christmas fayre and coffee morning in Axminster in aid of Help for Heroes.

The event was staged in the Church Rooms on December 10th and £491 were raised.

A club spokesperson said: "We would like to thank everyone who came and supported the Christmas fayre and coffee morning.

"Many thanks also to the town crier who shouted our cause in Market Square."

The hamper was won by a Mrs Bull from Axminster.

Green light for barn plan

A BARN conversion in Branscombe has been given the go-ahead.

The application was submitted to East Devon District Council by Anne Garton on September 22nd and was last week given the thumbs up the district council planning department.

Branscombe Parish Council has also given its support to the scheme.

A spokesman for the council said: "Branscombe Parish Council support this application as we feel it will greatly improve the aspect of the existing property."

Youth disco

AN under-18s disco is set to be held at the Turks Head Function Rooms, Honiton, from 7pm until midnight on Saturday, January 2nd.

Entry to the event will cost £7 and includes a free soft drink.



PHOTOS BY MATT WILLIAMS



◆ IT was a popular year for the annual Boxing Day Dip on Seaton seafront when around 20 people braved the cold sea, watched by hundreds of onlookers



BEVISS & BECKINGSALE

SOLICITORS

WE GO THE EXTRA MILE

Our highly experienced team, with in depth local knowledge, can provide you with a prompt, precise and personal service.

We can help with:-

Buying and selling your home

Mortgages and Re-Mortgages

For further details please contact:-

mark.oilier@bevissandbeckingsale.co.uk Tel: 01297 626950
mark.carlisle@bevissandbeckingsale.co.uk Tel: 01297 630700
steve.rideout@bevissandbeckingsale.co.uk Tel: 01460 269700
emma.collins@bevissandbeckingsale.co.uk Tel: 01404 548050

www.bevissandbeckingsale.co.uk

ALWAYS HERE TO HELP

Footwear Country

6 West street Axminster. Tel. 01297 34616

Sale

Starts Tuesday 27th December, 10am to 4pm

Check out these great offers!

Genuine reductions on:-

Josef Seibel; Rohde; Rieker

Wolky; Sebago; Mephisto

El Naturalista; Ara

Merrell & Vasque Boots

SELECTED ITEMS – ½ PRICE

Sale Opening Times:- Tuesday 29th to Thursday 31st - 10.00 to 4.00

Saturday 1st - 10.00 to 4.00

See the offers on

www.footwearcountry.co.uk



◆ MEMBERS of staff from Nu-Heat are pictured with news presenter Natasha Kaplinsky

Company wins top accolade for renewable work

BY BEN MIDDLETON
ben@hndlenews.co.uk

A HONITON-BASED company has won a top National Training Award and has been honoured for its work with renewable resources.

Nu-Heat, which operates out of the Heathpark Industrial Estate in the town, received the award during a glitzy ceremony held in London recently.

The company was recognised for turning a potential business threat into a revenue boosting opportunity — by training heating engineers to install the renewable technologies it sells.

Judges at the awards ceremony called this scheme a clear example of a win-win investment in training.

In recognition it received National Training Award Winner of the Year for Medium Employer.

Nu-Heat had previously been named a UK National Training Award winner at the National Training Awards South West Regional Ceremony held earlier in the year.

Heather Oliver, marketing manager for Nu-Heat, said: "Faced with an increasingly competitive market, we decided we needed to train our installers to fit the technology we sell and also equip our sales and technical staff with the background knowledge they need in order to give customers a

professional and informed service.

"It has been a great success and our nationally recognised course is now being rolled out to training centres across the UK.

"We are honoured to have been recognised with a National Training Award."

News presenter Natasha Kaplinsky hosted the ceremony and said: "Nu-Heat, and all tonight's winners have proven that in today's current climate, high quality training is an integral part of both personal and business development.

"It has been great to see such a wide range of entries to this year's awards and a privilege to meet so many of the entrants."

Local firm invests in a new specialist

INVESTMENT specialist Stephen Mahony has joined Every's solicitors in Honiton.

He will head up a team of three dealing with the investment needs of Every's clients.

Stephen worked in the City of London for American, Swiss and Italian firms and, for eleven years, helped to run Church House Trust plc in Somerset.

Stephen said: "I am delighted to have joined the talented people who

look after clients of Every's. It is impressive to see the trouble they take in caring for our clients and I look forward to supporting their efforts.

"Within the investment management department we try to remain calm and disciplined in the face of some of the most trying circumstances of recent times.

"Our approach will remain a conservative one with an emphasis on quality and liquidity since volatility and correlations are so uncertain."



◆ STEPHEN Mahony

Charity expands with branch opening

CHARITY Brainwave has expanded its network of shops by opening a branch in Ottery.

Brainwave provides home-based therapy programmes for children with cerebral palsy and other conditions such as development delay.

The shop is at 14a Mill Street, and it is managed by Alison Potts. She is a familiar face there after having

lived in the town and worked as assistant manageress in another charity shop.

Alison said: "As well as my previous experience working in a charity shop, I also bring my knowledge and skill gained from running various small businesses.

"I particularly want to show how the shop will embrace the traditional ethos of a charity shop dependent on

donations and will aim to have something to suit everyone's pocket.

"Brainwave welcomes volunteers of all ages and background to help in running the shop and I can testify that volunteering provides a great social activity in addition to helping a small charity."

More information about the charity is available at www.brainwave.org.uk.

New Year New Windows

7 Any Size Any Design Windows and a Free Door for £2999

FREE

NO VAT INCREASE IN JANUARY

High Security Double Glazed PVCu White Distinction Windows

No Deposit

One Two or Three Years Interest Free Finance

OR... Up to a Massive 36% Discount

with No Deposit

Buy Now Pay Nothing For 12 Months One Two or Three Interest Free Years to Pay

- Includes **FREE** Argon Sealed Units
- Heat Saving Glass
- Fire Escape Hinges
- Polished Chrome Handles
- Sculptured Scotia Beading
- Police Preferred Specification
- 10 Year Guarantee

GGF FENSA

LAUNA

W·I·N·D·O·W·S

Est. 1974

AN EXTRA 10% OFF For SENIOR CITIZENS

www.launa.co.uk

MasterCard VISA American Express

PHONE FREE 0800 11 77 77

Launahurst trading as Launa Windows, Bradley Mill, Bradley Lane, Newton Abbot, Devon, TQ12 1LZ. Written quotations on request subject to status. Example £2999 over 36 months = £83.30 per month. Total Price Typical APR 0% £83.30 x 36 = £2999. Prices include VAT & installation (All offers subject to survey). Full 10 year Guarantee against normal use. Offer restricted to one per household. *Egress Multi Locking Points determined by window size. We reserve the right to withdraw this offer at any time. Offer for any size any design, i opening vent, Distinction Range windows. ALL DISCOUNTS AND OFFERS ARE VALID AT TIME OF QUOTATION ONLY AND CAN NOT BE USED CONJUNCTION WITH ANY OTHER OFFER.

CALL THE NEWS TEAM ON 01297 631120



The festive faces of children
across Pulman's Country in
their school nativity plays...

PULMAN'S LITTLE ANGELS



◆ PUPILS at All Saints Primary School performed their nativity play in the village church. The play called *The Angels Who Couldn't Fly* was specially written for the school by Peter Kyrke-Smith and he was in the audience to watch. Peter Kyrke-Smith is pictured, above, with the children at the end of the performance. Pupils at Hawkchurch Primary School performed their nativity play in the village church, below



◆ PUPILS at Chardstock Primary School are pictured above just before their nativity play performance in the school hall. Kilminster Primary School pupils are pictured left and below at the dress rehearsal of their end-of-term play, *Aladdin* in the village hall



Seaton's REGENCY WINDOWS Ltd

Established 1989



2 The Square, Seaton

Local reliable professional company
**SPECIALISTS IN ALL YOUR
UPVC REQUIREMENTS**

**Domestic, Commercial and Trade
ALL TYPES OF HIGH SECURITY DOORS,
WINDOWS, BESPOKE CONSERVATORIES
AND PORCHES**

(Fascia Boards, Guttering and Cladding)

GUILD APPROVED LOCAL CRAFTSMEN

01297 22495

seatonregency@aol.com

10 YEAR GUARANTEE

FREE QUOTE WITH PLANNING & DESIGN SERVICE



FENSA
Registered Company



JOHN BRIGHT FENCING
A Name You Can Trust

We offer a complete fencing installation service or if you prefer purchase the materials from our Countrystore where our fully experienced staff will happily give you all of the advice you need to erect your own fencing or gates.

**25% OFF Summerhouses and Heavy
Duty Sheds until 31st December**

Opening times:

Weekdays 7.30 am to 5.30 pm

Saturday 8.30 am to 4.00 pm

Sunday 10.00 am to 2.00 pm

01308 421545

Salway Ash, Bridport. www.johnbrightfencing.com

**Get a
response
from
your
advert.
Call the
sales
team on
01297
446144**



The festive faces of children across Pulman's Country in their school nativity plays...

PULMAN'S LITTLE ANGELS



◆ MEMBERS of the cast at St Mary's Primary School, Axminster, are pictured, above, before the dress rehearsal of It's a Baby



◆ THE children at Upottery Primary School are pictured in the village church as they rehearse for their end of term concert, above. The youngsters at Little Treasures playgroup in Gittisham put on their nativity play in the village to a packed audience of proud parents, left and right



To order any of these photos, you can simply send an empty email to pulmansphotos@tindlenews.co.uk you will receive an automated order form

pink hippo



day nursery

Pink Hippo Day Nursery is celebrating its 1st birthday on Thursday 7th January 2010.

Debby and Sue would like to take this opportunity to thank all our parents and staff for supporting us in our first year of operation.

The past year has been very successful for the nursery with many areas judged outstanding in our Ofsted inspection (www.ofsted.gov.uk - Unique Reference Number EY387187). Our emphasis is on outdoor play and we are able to offer our children a large, well-equipped outside play area and garden.

We also enjoy lots of messy play - things you don't want to do at home! - with sand, mousse, gloop and flour for example, along with more traditional pastimes. All our

planning is based on the children's interests, so you can be assured they are having lots of fun while they learn.

Our preschool is registered to accept Early Years Entitlement (free sessions) for eligible 3 & 4 year olds which can be used alone or in conjunction with wrap around care.

We still have some spaces available for children from birth onwards and as parents ourselves we understand that leaving your child for the first time can be a daunting experience for all concerned. With this in mind we offer a free taster session and work together with you to ensure an easy transition.

Please phone 07792 358568 to speak to Sue or Debby for further details or to arrange a visit. We are open from 8.15am throughout the year.



pink hippo



day nursery

OFSTED reference no. EY 387187

67 Harbour Road, Seaton, Devon, EX12 2NE

07792 358568

Are you thinking of going back to work?

Do you need reliable, affordable childcare?

Would you like your child to socialise with others in a safe, stimulating environment?

Spaces now available

Pop in or phone to arrange a visit and discuss your childcare requirements with Debby & Sue.

We offer sessional and full day care from birth to 11 years and provide Early Years Education funded (preschool) sessions for eligible 3 & 4 year olds.

Carlys Alterations

Clothes alterations, hems, zips and general repairs by appointment only.

Previously from Pam's Tailoring, Cross Street, Seaton

Call Carly on:
07904 563455

Happy to support
Pink Hippo Day Nursery

BEVISS & BECKINGSALE

SOLICITORS

*Congratulations to
"Pink Hippo Day Nursery"
on your first anniversary*

For further information contact Mark Ollier at:-
Law Chambers, 1 Major Terrace, Seaton, Devon, EX12 2RF
Tel: 01297 626950 Fax: 01297 626951
mark.ollier@bevissandbeckingsale.co.uk
www.bevissandbeckingsale.co.uk

DESIGNED, SUPPLIED
& INSTALLED BY

SIGNS

01297 20675

PLEASED TO SUPPORT THE
PINK HIPPO DAY NURSERY

Bottleman
Recycling Services

Glass & Environmental Waste Disposal within the South West

Specialising in the recycling of:
Cardboard, Plastic, Glass, Paper, Cars & General Waste

Commercial Premises • Pubs & Clubs • Restaurants
www.bottleman.co.uk

CONGRATULATIONS ON A SUCCESSFUL YEAR IN BUSINESS

01297 217119
Mobile: 07811 128389
Family Run Business For Over 15 Years

ROSSINI'S

ITALIAN & MEDITERRANEAN RESTAURANT

Parties catered for small and large, booking advisable.
40 Harbour Road, Seaton, Devon EX12 2NA.

Telephone: 01297 625272

Pleased to support Pink Hippo Day Nursery

Total Business Support.
"Leave it to Lentells"

For more information call Mike Griffiths now
01297 443182 or 01297 20584

LENTELLS
ACCOUNTANTS

www.lentells.co.uk

ACCOUNTS | TAX | FINANCIAL PLANNING | PAYROLL | AUDIT & MORE



The festive faces of children
across Pulman's Country in
their school nativity plays...

PULMAN'S LITTLE ANGELS



◆ PUPILS at Mrs Ethelston's Primary School in Uplyme are pictured during rehearsals for their nativity play in the village church, above and left. Pupils at Stockland Primary School are pictured during the dress rehearsal of their end-of-term Christmas play, Ebenezer, in the village church, right and top right



Biggest Ever Sale! at mARmaLaDe

Starts Mon 4th Jan at 10am
Ends Fri 22nd Jan

Clothing

Furniture

Accessories

Props

Everything must go!!!

Chard Street, Axminster. (01297) 35145

Generous offer

EDITOR — A very generous offer from Jenny Nunn of Seaton Tramway offers the perfect solution to those who wish the Tourist Information Centre to stay close to its present location.

Although notice to vacate is October 2010, it would be unwise to remain, vulnerable to Tesco's subterfuge, and unfair to all to move during the summer season. Gaynor Sedgwick and the chamber of commerce still cannot agree, and although present at relevant open council meetings regarding the TIC, claim that the Council made decisions behind closed doors.

An invited younger member of Seaton Town Council, who had worked on this project for many months, and brought considerable research along for their benefit, was treated with contempt and hostility, and an experienced member of Seaton Development Trust was asked to leave so that the meeting could be conducted in private.

The town hall will not be used for the TIC, and the renting of an empty shop was not wanted by some traders. Chamber member Rob Burt questions Seaton Town Council's integrity, yet then suggests that we approach Tesco for help.

Instead, Tesco will have more than our dilemmas if they try to send a surge of infill across our contaminated floodplain. Once that land is disturbed, those poisons will travel to our river with the sea water that carried the infill.

So, how long could this drag on before Tesco can even start the first phase, with costs spiralling, before they have to admit that nature has handed them a poisoned chalice? As I said not long ago, poison, until controlled, travels from place to place. And what goes around, does come around.

Jackie O'Connell
Seaton

**WIN
£10**

**to spend at Archway
Bookshop, Axminster**

~ As chosen by Pulman's View ~



Meteorologist asks: 'Are we smarter than yeast?'

EDITOR — I would like to respond to Mr Powell's letter of 15th December.

I have been a meteorologist for the past 40 years or so and have always been interested in this subject.

I think the term 'climate change' applies to the many natural events and cycles which have and continue to cause change in our planet's climate. The term 'global warming' applies to that change which is directly attributable to anthropogenic (human) causes. The story of previous climate change is recorded in the rocks.

Since the start of the industrial revolution the well-verified exponentially increasing curve of CO2 in the atmosphere exactly corresponds to a similar curve of increasing global temperature.

The two are directly related (the greenhouse effect) and the main cause is carbon emissions from the combustion of fossil fuels.

The scientifically acknowledged 'safe' limit of CO2 concentration is 350 parts per million (ppm) which corresponds to a temperature rise of 2.0 degrees centigrade. We are now at 387ppm and rising.

Global warming cannot be separated from natural climate change but we do know that we have a crisis.

The effects of the combined change is a warming not evenly distributed over the globe. The poles are subject to more warming and the ice is melting.

Sea-level rise is much more a result of thermal expansion of the oceans than melting ice. Combined with higher sea-levels another effect of warming is greater storminess. This puts all the millions of people who live near, or at, sea-level in very vulnerable positions indeed.

There are many positive and negative feedbacks in the planetary ocean-atmosphere circulation system, including biological ones, and no-one knows what the long-term overall effect of this will be, but we do know that some positive feedbacks — for example the release of methane (a much more devastating global warming gas than CO2) from melting of the tundra, could cause run-away warming and social crisis.

If the planet is regarded as a living system (Gaia) with its own self-

regulatory circulations or physiography, then instead of global warming we might see the pendulum of change over-correct itself and plunge us all into an ice age. Either way, it's not very nice.

The last time, millions of years ago, that the level of CO2 in the atmosphere was so high the planet also experienced sea-levels much higher than today. Whatever the causes of our situation there will be no denying the severe consequences for the human population.

And we are already locked into a certain amount of warming AND the consequences. So, it's all about what we do about it. This is a personal, political and community choice but most people are now beginning to accept that we should do something. And we can all play a part; everything helps however small a contribution it may seem.

My opinion is that the science is convincing and that all we each have to do is our best to live a carbon neutral lifestyle with much lower emissions of global warming gases.

This does mean a change in lifestyle but it doesn't have to be an

unpleasant one. Indeed many would argue that such a change would be less stressful on both us and our environment.

And we can all do something. I hope the planned visitor centre in Seaton will, as well as promoting the beauty and wildlife of the coast, make a valuable contribution to increasing awareness of what we are, dis-respectfully, doing to our planet (and ourselves), and what the consequences may be.

We sit on a coastline that has been designated a World Heritage Site because it displays the clear results of previous climate change epochs. The lessons are right there beneath our very feet.

The curve of the exponentially increasing population of yeast cells in a fermenting brew is remarkably similar to the curve of the increasing global human population. The alcohol eventually kills the yeast which produced it. The question is; are we more intelligent than yeast? The jury is still out.

David Kelf
Address Supplied

Praise where it's deserved

EDITOR — There always seems to be something to complain about these days — and we do not have to look far to find things that give us cause to complain.

But we should not be forgetting to give praise when it is deserved.

I speak in this instance of the wonderful ladies who work in our local libraries; whichever library we use, whether it be Axminster, Colyton or Seaton.

The ladies are always cheerful, patient and extremely helpful, nothing is ever too much trouble for them. They certainly are a breed apart.

We would like to say thank you to them and long may they continue.

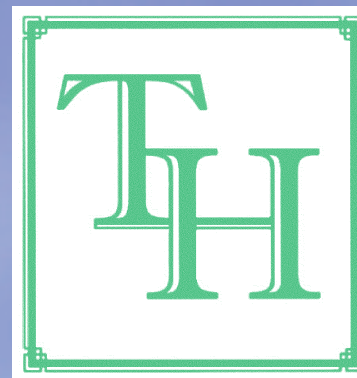
We would also like to thank our refuse collectors who work so efficiently and speedily in their work, especially in the bad weather.

A Happy New Year to them all.

Diana and Brian Nason
5 The Elms
Colyford



Send your letters to the editor: Pulman's View from, Tindle House, South Street, Axminster, Devon EX13 5AD or email to: pulmans@tindlenews.co.uk



Trinity House Of Axminster

S A L E
Now On

You can now shop **ONLINE**: www.trinityhouseaxminster.co.uk
Trinity House, Trinity Square, AXMINSTER EX13 5AP
Tel: 01297 32273

SHERBORNE FIRESIDE CHAIRS FROM £212



Try out a genuine Sherborne product for yourself, because only then will you experience its true comfort and support



COMO 2 SEATER SOFA, RECLINER & CHAIR ONLY £1745 DURING SALE



**10%
RUGS**



NEW 2010 MODELS

HARRISONS PEARL DIVAN BED

5' RRP £1849 DURING SALE £925

Harrisons have been making beds of the highest quality for over 100 years - The pocket sprung Pearl offers the ultimate luxury pocket sprung sleeping experience



4'6" SALAS 1500 MEMORY POCKET PLUS OUTLAST 2 DRAWER DIVAN RRP £1050 DURING SALE £759

Kingstown Furniture offers a fantastic combination of bedroom furniture from uber cool to classic collections, a combination of functionality and ingenious storage solutions. Whatever your style you are sure to find it here.



25% OFF KINGSTOWN RRP'S

BESTS of HONITON

ESTABLISHED 1969
134 HIGH STREET HONITON
01404 42436

WINTER SALE

FREE ESTIMATES & FREE FITTING*

ON CARPETS OVER £10 PER SQ. METRE
EXCLUDING KITCHENS & BATHROOMS

FREE DELIVERY

ON ITEMS OVER £100. WITHIN 25 MILES

DISPOSAL

OF YOUR OLD GOODS FOR A MINIMAL CHARGE

All items subject to availability
*£150 minimum order applies

CLEARANCE LINES: DISPLAY MODELS

Cintique Lift and Rise electric chair

RRP £1509 To clear *£599

3' Virginia Bedstead Was 272 Now £149

3' Healthbeds Adjustable Was £903 Now *£607

*VAT exempt price

Manor Oak corner Display Unit Was £1139 NOW £400

**WE WOULD LIKE TO WISH ALL OUR
CUSTOMERS A VERY MERRY CHRISTMAS
& A HAPPY NEW YEAR**

SALUS BEDS -

**PROMOTING HEALTH,
HAPPINESS, WELL BEING**

Unique NASA designed visco elastic memory foam technology, reduces pressure point and muscular stress across your entire body maintaining correct alignment of the spine and neck for a healthier & more comfortable nights sleep

A compact classic wood framed high back cushioned suite for comfort, head roll & lumbar support for extra back support, with a large choice of fabrics & wood finishes
2 SEATER & 2 CHAIRS NOW £1155

DREAMWORKS TRANQUILITY MEDIUM TENSION MATTRESS

The tranquility mattress is the perfect option for anyone needing, or requiring a luxury pocket sprung mattress with a supportive medium feel mattress

2'6" or 3' size RRP £500 Now £170

4' or 4'6" size RRP £660 Now £225

5' size RRP £780 Now £270

Sutcliffe Furniture has over 120 years experience of furniture making and without exception of Trafalgar Teak Collection bears all the hallmarks of traditional Sutcliffe Craftsmanship

**THE DENBY SUITE
3 SEATER SOFA & 2 CHAIRS
ONLY £935 DURING SALE**

A stylish generously comfortable suite ideal for relaxation and rest

ultra
furniture



**CAR PARK
OFF KING STREET**

GREAT
BRITISH
FURNITURE

Cintique

**25% OFF CINTIQUE
RRP'S**

Cintique - comfort, real wood & an English tradition, ensures a finished product you will be proud to own

**5' SILENTNIGHT TREASURE SPRUNG
EDGE 4 DRAWER DIVAN**

RRP £729
ONLY £430



**10%
OFF SELECTED
CARPETS**

**4'6" ANDROMADA PLATFORM
TOP 2 DRAWER DIVAN £299**



**SHERBORNE'S ELECTRIC 'LIFT
& RISE' CARE RECLINERS**

Over 36 models to choose from ensures considerable comfort & support, these chairs can make a huge difference to peoples freedom & quality of life



Chelsea single motor recliners VAT exempt price in large choice of fabrics **FROM £569**

THE JAVA SUITE BY YEOMAN



**FREE
ARM
CAPS**



25% OFF SUTCLIFFE RRP'S



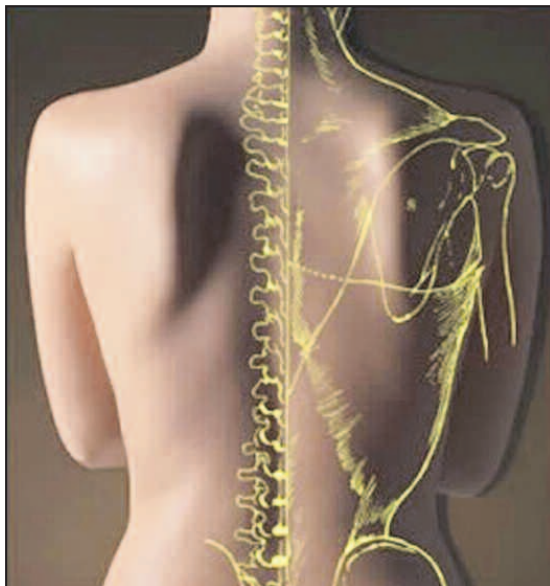
New Year, New You!

Axminster Chiropractic

At this time of year we are sometimes surprised when our bodies start complaining or hurting for 'no apparent reason'. But we do tend to get out of usual routines for a week or two and I would like to point out some of the factors you could consider for a happier, pain-free existence.

Obviously if you feel stuffed and bloated from excess turkey you are putting strains on your body, but the most important thing to consider is posture. Poor posture - unsupported slouching, and sitting for a long time, probably cause more problems than any thing. In good posture your chest is held high and your neck and shoulders move freely (not locked back in a military way). And clearly getting out for a bit of a walk helps get everything moving as does gentle stretching.

Others of you will have embarked on unaccustomed extra exercises, chopping logs



or those lovely household jobs, without preparing yourselves or assuming you can do things the same as you could ten years ago!

So have fun, take care and remember that chiropractic can help sort out most aches and pains.

Slimming World



▲ Far left: Nicky Pring before joining Slimming World

Having been overweight for over 20 years and spent many years suffering from a damaged knee, Nicky Pring finally came to a point where she felt she could not continue in this way and tried to do something to help her health and wellbeing. The point at which this came was when Nicky's weight crept up to 16 ½ stone. Nicky saw her local Slimming World Honiton group advertised in the paper and it appealed to her specifically because there was a daytime group on offer which meant she could go without the children. She had tried many diets in the past, most of which worked for a short period of time but all the weight returned once she ate "normally" again.

On 7th January 2009 Nicky joined the Honiton Wednesday group and now 11 months later has just been awarded the group's Miss Slinky Award 2009 and has also become a target member with a fantastic weight loss of 4st 11 1/2lbs.

Nicky says "I enjoy going to group, and as a target member I can still go to group for continued support free of charge. The members are so friendly and supportive. We swap hints and tips all the time. I love using the Slimming World website which is free and gives me continued mid-week support and like many members we love using the Slimming World magazine which is a great inspiration to us.

I enjoy a variety of meals by using all the plans available, including the fabulous Extra Easy plan which really is very easy as it is just everyday normal meals combined with a little sensible shopping and cooking. There are no foods that you cannot have and it is so flexible and fits in with my family too. My favourite meal is spaghetti Bolognese as I really love pasta as it fills me up, but I do eat plenty of meat too as my husband is a beef farmer!

In order to help me I have also become active. My dog gets lots of walks which was a chore before but now I love getting out into the fresh air. I don't get out of breath any more - we live in a hilly area and I can now speed up the slopes! I also garden and enjoy swimming. That's a big move for me as I would never have worn a swimming suit before!!! I no longer suffer from pain with my knee as it is so much stronger because I am carrying around much less weight.

It's such a good feeling getting to a healthy weight - I am so happy now - I have very recently discovered that I can get into my daughter's clothes - she'd better put a lock on her wardrobe!!! She has said she doesn't mind and has even joked that she can borrow mine. I never thought I would see the day!!!!

Nicky's ambition now is to stay this weight for good and she is adamant that that will not be a problem as she has now changed her eating for



▲ Nicky Pring after losing 4st 11 1/2lbs with Slimming World

life and will continue to receive the group's support. She is also going to wear a bikini on her next holiday - how great is that!!

There are Slimming World groups all over the country and plenty in East Devon, but if you love your food and would like more information about your local groups please call Sharon on 07963337178 or 01404 41513. The Honiton groups run on a Tuesday at 6.30 pm at the Honiton Community College and again on Wednesdays at 10.30 am & 12.30 pm at the Honiton Baptist Church on the High Street.

If it's your New Year resolution to get into shape and eat healthily you could do no better than come along and join our lovely groups. Just as Nicky did last January - just look at the difference she has made in less than a year. In Nicky's words "It has completely changed my life".

Chiropractic Health Centres

AXMINSTER EX13 5DZ 01297 35844

HONITON EX14 1LQ 01404 549270

Richard Stenning DC Louisa Snell DC Michael Norris DC

Treatment for: back pain • neck pain • sciatica • headaches • 'wear and tear' general aches and pains • long term health maintenance

A wide range of therapies is available at both centres

For details visit www.wellbeingdevon.co.uk



Chiropractic... gets to the heart of the problem

*Other therapies available at the
Axminster Centre include...*

Acupuncture • Chiroprody • Kinesiology • Neuro
Linguistic Programming (NLP) • Homeopathy
Hypnotherapy • Rehabilitation Exercises including
Pilates • Sunflower Therapy for Children

The Centre is also the home of

Sunflower South West the local branch of

The Sunflower Trust, a national charity offering
help for children experiencing difficulties with
learning, behaviour and health.

New Year, New You!



Ros Elliott - ACertCSHyp DCHyp

A New You with Hypnotherapy and Healthy Eating

Long term change

NEW Year is traditionally a time when we consider change, a new start, out with the old and in with the new. For many of us our resolutions have to do with our body image and how we feel. Over-indulgence and expanding waistlines at Christmas provoke knee-jerk reactions – no alcohol/pudding for the whole of January, join the gym - but what happens in the gloom of February? We slip back into old patterns, comfort eating and the gym shoes gather dust.

Gain control

Wouldn't it be good if you be proactive rather than reactive. Committing to Healthy Eating with the help of Hypnotherapy is a long term solution by which you gain control of your eating rather than it controlling you. Many people have deep-seated, ingrained issues with food which sometimes stretch right back to childhood. Equally it is very common for people to respond to their emotions by eating when they don't need to. There can be many reasons why people mistreat food which dieting just does not address.

Ditch the yo-yo dieting

Focusing on counting calories, weighing portions and being "good" is counterproductive and often masks the real reason why we may be over-eating. Consultation with a qualified Hypnotherapist will reveal why you are repeating habits through no fault of your own. Therapy will be tailor-made for your particular circumstances, it may address issues of the past, emotional eating and/or self-sabotaging behaviour. A wholesale shift to a healthier lifestyle with the help of Hypnotherapy makes for long-lasting change.

Relaxing and pleasant

Hypnotherapy is a deep form of relaxation where the body feels heavy and tired but the mind remains alert and focused. In this state we take beneficial suggestions deep into our unconscious which then alters our behaviour. For 2010, why don't you find out what Hypnotherapy can do to improve your life?

Ros Elliott holds an advanced qualification in Clinical Hypnotherapy, working from her own



practice in Axmouth, near Seaton. She is experienced in treating a wide range of problems and is a specialist in working with children. Phone Ros for an appointment on 07981 387735 or to find out more about hypnotherapy go to: www.roselliotthypnotherapy.co.uk



Michelle Hague - Clinical Hypnotherapy

Michelle is an experienced and established hypnotherapist and cognitive behavioural hypnotherapist working locally from her clinics in Seaton, Axminster, Sidmouth and Exeter.

Hypnotherapy utilises the natural state of relaxed concentration and heightened awareness to affect desired changes in behaviour, physical, emotional and/or psychological. During this enjoyable state, suggestibility is improved and individuals become very receptive to positive suggestions.

Hypnosis is induced simply by you listening to the therapist's voice and focusing your attention on the words being spoken. Obviously there are many different techniques to induce trance, but there are no swinging pendulums or flashing, bright lights! It's not a Hollywood movie! It's serious therapeutic work combining psychology and counselling and most importantly, IT WORKS!

Hypno- band The UK's No.1 Gastric Band Hypnotherapy System

This new weight loss system Hypno-Band could change your life forever. Imagine having the results usually achieved by having a surgical Gastric Band fitted but not having to go through surgery, spending thousands of pounds! Gastric Band surgery is not for everyone. Usually the surgery is only carried out on people classified as "obese" and with a high Body Mass Index (BMI) usually over 30. A surgical Gastric Band works by reducing the size of the stomach and therefore you eat smaller portions and feel full.

Through this method it is possible to lose weight easily. What if you could have all the benefits of a surgical Gastric Band, without the surgery and high cost? Well now you can! By using the Hypno-Band hypnotherapy system we create a state of mind where you will believe you actually have a Gastric Band fitted! You will eat smaller portions and feel full.



The process uses hypnotherapy and cognitive behavioural techniques to help you achieve your ideal weight - and stay there! Contact Michelle today and take control of your life 07761 773563.

Hypnotherapy

Cognitive Behavioural Hypnotherapy

Helping you to take control of your life

Help with:

- Stop Smoking
- Fear & Phobia
- Eating disorders
- IBS
- ME / CFS
- Pain Control
- Sleep disorder / Insomnia
- Stress & Anxiety
- Emotional Distress
- Relaxation
- Confidence
- Self Esteem
- Performance Anxiety
- Social Phobia
- Motivation
- Habit Breaking
- Trauma
- Healthy Eating
- NEW... Hypno-band (Virtual Gastric Band)

Clinical Hypnotherapy

Michelle Hague

BA(Hons)Ed Cert Ed PDC Hyp PDCBHyp MBSCH

Clinics in

Axminster, Sidmouth & Exeter

www.takecontrolofyourlife.co.uk

www.hypno.vpweb.co.uk

01297 20144

07761 773563

Hypno-Band

Weight Loss System™
Licensed Practitioner

A complaint is dismissed

AN Ottery town councillor has stressed that council members should not be intimidated if they find themselves the subject of a complaint.

Roger Giles was speaking after a meeting of the Devon County Council (DCC) review sub committee.

During the meeting, held at the beginning of the month, a complaint against Mr Giles was discussed. The issue related to a footpath on the east bank of the River Otter, between Ottery and Tipton, and Mr Giles' attempts to get the path reopened.

The matter had initially been discussed by DCC's assessment sub committee on September 29th. The committee found that Mr Giles had done nothing wrong. However, the complainant appealed and the case was reconsidered.

The meeting resolved that the decision of the assessment sub committee not to take any action on the complaint be upheld.

The minutes from the meeting stated: "In summary the complainant had made a number of allegations concerning the content of and views expressed by Mr Giles and previously in his October 2006 newsletter; That Mr Giles had failed to declare an interest in this item when it had been considered by the council's public rights of way committee, and that Mr Giles had failed to treat others with respect."

"Members concluded that the actions of Mr Giles had not resulted in any breach of code."

Mr Giles said: "I stress that I shall continue to do everything possible to achieve the best possible situation for my constituents as a whole."

"Councillors must not be intimidated by unfounded allegations, they must be free to act impartially."



◆ AXMINSTER Senior Citizens' Lunch Club gathered in the Church Rooms for Christmas lunch on Tuesday, December 22nd. Santa Claus also made an appearance and was in charge of the keyboard for Christmas songs. The club is affiliated to Axminster Care Service and members meet each Tuesday. Potential new members are welcome to call Christine on 01297 34002 for more information

Local man picked for debating team

BY ANDERS LARSSON

anders@tindlenews.co.uk

PHIL Bird of Axminster Young Farmers' Club has been picked for Devon's senior debating competition team.

The team will contest the regional stage in March and Phil was part of the Axminster club's team that won a local team competition in November ahead of Honiton.

It was the Axminster club's first victory since 1996 and the team consisted of Kirsty Warren, Elizabeth Snell, Gemma Millman, Tom Stuckey and Phil Bird.

Phil was selected for the east Devon team for a county level competition for young farmers and did so well that he ended up in the Devon team.

Axminster Young Farmers' Club has also presented a cheque for £1,500 to Jean Almond for The Parkinson's Disease Society.

Jean is the society's regional fundraiser for the south west, and the money was raised at events like the Boxing Day Dip in Seaton and carol singing around Axminster.

Members of the club would like to say a huge thank you to everyone who supported their bingo evening in November.

A club spokesperson said: "We are extremely thankful and raised just over £400 for the club."

"This will be put to use when we begin to build next year's carnival float."

Pupils enjoy day out to the capital

NO-ONE overslept and a London-bound bus left Musbury Primary School on time — at 4.30am.

Fifteen pupils from Years 5 and 6 plus four adults had an extremely early start as they travelled to the capital on Tuesday, December 8th.

Tours of The House of Commons and The House of Lords plus a meeting with east Devon MP Hugo Swire were on the agenda.

The Musbury contingent also took part in a political workshop and finished off the day with a trip to Sea Life London Aquarium.

School administrator Lorraine Tolman was part of the entourage and said: "The children were exceptionally well-behaved, as they always are."

Headteacher Clive Salmon also took the opportunity to ask MP Swire how the Devon campaign for fairer school funding is progressing.

Mr Swire replied that he had seen The Minister of State for Schools and Learners, Vernon Coaker MP, and that it is an ongoing issue.

country scene

Written by countryside correspondent

TONY JACKSON



Remember to feed the birds

THE exigencies of the publishing world demand that I write this column before Christmas Day, so I can only hope that we have all enjoyed ourselves in the fashion we choose best and that the weather, currently a snow-sprinkled ground, deeply frost imbedded, has not caused too much hardship.

Here, in the south west, we are so fortunate to enjoy a reasonably mild climate and, yes, we may be the first to suffer from westerly gales and storms but, unlike so much of the south-east and eastern coastal regions, we seldom seem to be totally snow-bound. Even so, frosts, some light snow and hard ground can still cause great hardship, not only to farm stock but wildlife in particular.

I know I make this plea regularly, but please make sure that garden bird feeders are topped up at this crucial time of the year. For so many species, the specialist foods we put out are now virtually the only sustenance available when the ground is like iron and insect life almost non-existent. Berries have been striped by redwings and pigeons, so the hedgerows and trees now offer little provender for foraging bird life. I have just refilled my feeders with nuts, mixed seed and nyger seed for goldfinches and already they are being assaulted by finches and tits, eager to renew energy levels.

Don't forget, too, that water is essential. The trouble is that bird baths freeze solid and even when partially thawed with hot water, soon freeze again. I set down a dog bowl half filled with water, and with a rock in the centre on which birds can perch. This can then be kept ice-free during the day with the addition of warm water at intervals.

So far, I believe bird life has survived remarkably well during the cold snap, for I have found no frozen corpses, other than one diamond dove in my aviary. It is remarkable that all my various finches, quails and doves seem to be completely immune to the bitter cold, huddling up together at night in their shelter. I can recall winters past, far worse than any we have had in recent years, when one constantly discovered wild birds which had frozen to death.

Now to other matters. I understand that local volunteers are required to help at Powerstock Common nature reserve, a site of ancient woodland, grasslands and old hedgebanks and ponds. Assistance is needed to clear scrub where conifers have been removed, labour which will complement the good work already being done by the grazing Galloway cattle.

This is an exceptional area for wildlife, especially butterflies, woodland flowers and birds and which has survived despite serious threats in the past. A part of the reserve was once ancient commonland, but the grazing rights of locals were taken away in the mid-19th century and the land cleared for farming. Worse still, in the 1960s woodland was again cleared and replaced with conifers. Now, since the 1970s, Dorset Wildlife Trust has been restoring the grasslands and acquiring more land and this work is now complete.

If you would like to help with this important project volunteering days will be every Thursday until March, with the first session on January 7th, meeting at the reserve car park at 10am. For more details ring 07825 311686.

Another year has almost run its course and we must look forward to 2010 in the hope and expectation that life will improve and, once again, Britain will drag itself up by the bootstraps to regain the dignity and pride which has been so sourly eroded in recent years. My next column will be published in a new year and I would wish all readers hope and fulfilment for the coming months ahead.



To contact Tony Jackson, write to: Pulman's View, South Street, Axminster, Devon EX13 5AD or email wardjackson@tiscali.co.uk

The views and opinions in this column are of the writer and not necessarily the newspaper

Everyone at Pulman's View from

would like to wish all readers and advertisers a Happy New Year



For information on cost effective advertising in the new year call Kelly on 01297 446144

Jimmy Green

TOP CLOTHING BRANDS FOR WINTER

HALF PRICE SALE



**FANTASTIC BARGAINS ON
SKIWEAR & BOARDWEAR**

Offer excludes
new 'blue'
price tickets
on accessories
= stock just arrived

**ALL STOCK in our SEATON & SIDMOUTH STORES
Starts 10am Saturday 2nd January
until Saturday 16th January (closed Sunday)**



The Square, SEATON
Telephone 01297 24488



40 Fore Street, SIDMOUTH
Telephone 01395 577555

**Fantastic Bargains - some at Half the Sale Ticket price
on Clothes and Accessories for Men, Ladies, Boys and Girls**

**ROXY QUIKSILVER ANIMAL WEIRD FISH
BILLABONG RIP CURL O'NEILL REEF
HELLY HANSEN SALOMON and loads more**

**FREE
5 YEAR
WARRANTY***

*Please see in-store for full
terms and conditions

FORDS
of Sidmouth



**BREATHTAKING FAST MOVING
ACTION THANKS TO ADVANCED LCD
MOTION PICTURE TECHNOLOGY**

January Sale Prices!

Pre Vat Increase Prices

**CALL IN FOR A
DEMONSTRATION TODAY**

- 12 months 0% Interest Free Credit*
- Expert Digital TV Installation Service

Panasonic

A New Viewing Experience Matters.
EVERYTHING MATTERS.



Ask for a demonstration of Panasonic's new Viera LCD range with freesat HD tuner built in*, featuring 100Hz Intelligent Frame Creation with Motion Focus technology, providing stunning picture performance, however fast the action

VIERA with **freesat HD** **digital** **Panasonic** **HD ready** **Freeview**

* FREESAT and the FREESAT logo are trademarks of freesat HD and are used under licence.
FREESAT logo © freesat HD Ltd 2009. Requires connection to a suitable satellite dish.

01395 571000

Alexandria Industrial Estate • Sidmouth • EX10 9HA

Free Parking

www.fords.co.uk



Homes & Interiors



Alexander Paul

The team at Alexander Paul Antiques would like to invite readers of 'View From....' to visit our showroom at Fenny Bridges. At Alexander Paul we specialise in sourcing country style dining and coffee tables which are traditionally made of chestnut, oak and cherry. However we also carry a wide range of other styles of furniture and are often successful in sourcing specific pieces requested by clients. Our highly skilled restoration team are also available to work on your own pieces of furniture.

We are easy to find: first left off the west-bound A30 past Honiton, with plenty of on-site parking available.

Antique furniture represents extremely good value even when compared to most mass-market modern furniture, and a better investment than contemporary or reproduc-

tion furniture. Of course for most people the choice is an aesthetic one, having an appreciation for furniture with character that has developed through hundreds of years.

The subtle shades of colour, changes in texture and the faint smell of beeswax all create a superb sensory experience that anyone can enjoy.

Magazines that focus on 'interiors' and 'lifestyle' are writing features about the increasing number of discerning people who are buying pieces of antique furniture to place in more modern homes.

The juxtaposition of a well-chosen piece of antique furniture placed in a modern setting, where it can be discretely lit by spotlights, will often

show the piece off to better advantage than in a more traditional setting. For example a beautiful aged and mellow farmhouse dining table and chairs will wonderfully soften the lines of a modern kitchen.

We look forward to meeting you and assisting in obtaining just the right piece of fabulous furniture for your home.



▲ Charming antique elm farmhouse refectory table c1850

Good Furniture is a Right

Alexander Paul Antiques are based near to the 'Antiques Capital of the South West of England' in Honiton, Devon, where we have extensive antique furniture showrooms and restoration workshops with ample free parking.

We stock fine and country 18th and 19th century English and Continental Furniture to accommodate every style and taste. Interior decorators, dealers and public wishing to create a certain look will find a large selection of furniture to choose from. We specialise in Farmhouse Tables and probably have the largest selection on view in the West Country.



Visit our easy to use full online stock catalogue at

www.alexanderpaulantiques.com

and discover our new 'HomeView' option

Unit 2 Fenny Bridges, nr Honiton, Devon England EX14 3BG

**ALEXANDER PAUL
ANTIQUES**
GOOD FURNITURE IS A RIGHT

Alexander Paul Antiques
+44 (0)1404 851298
Alexander Paul Restorations
+44 (0)1404 850881

Manor Antiques Restorations

MANOR Antiques Restorations is a family run business with 20 years experience in the restoration and preservation of antique and period furniture.

The traditional craftsman's skills that they can offer, range from veneering, marquetry, parquetry, cabinet making, woodturning, French polishing and sympathetic repairs, from the smallest scratch to the full and

complete restoration of a piece of furniture.

In Manor Antiques' fully equipped workshops they are able to take on commissions for pieces of new or reproduction furniture made to the customers requirements.

They have an extensive portfolio, which shows the high standard of their work, which is available for customers to look at to see the transformation of a restored piece of

furniture.

Manor Antiques also offer a carpentry and joinery service with items ranging from an ornamental oak front door, interior doors made from hard or soft wood, fancy oak or pine plate racks. Their range is extensive and exclusive to your requirements. They can be found at Ellishayes Combe Raleigh which is on the Honiton to Dunkeswell road.



Total Plumbing

TOTAL Plumbing Supplies Ltd, based in Chard, have one of the best showrooms in the South West.

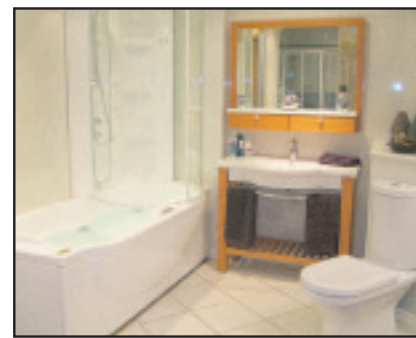
With 40 bathroom suites currently on show at their premises they cater for both ends of the market and can meet all budgets. At Total Plumbing Supplies, customers are helped by

friendly and experienced staff, which are backed by a computer aided design service to meet all your needs.

Complete bathroom suites on offer at Total Plumbing consist of a number of big named manufacturers including, Jacuzzi, Vitra, Laufen, Heritage, Ideal and Sanitan. Other products include Matki, Merlin, Roman, Showerlux, Grohe, Mira, Hansgrohe and lots, lots more.

Total Plumbing Supplies also supply heating and plumbing products from a wide variety of suppliers, this includes boilers, radiators and all the plumbing supplies needed to complete the installations.

Visit Total Plumbing Supplies Ltd today and see how they can meet your plumbing needs and brighten up your home.



TOTAL PLUMBING AXMINSTER

For all your plumbing, heating
and bathroom supplies



Unit 11, 12 and 13,
Millway Rise
Ind Est.
Tel:
01297 631707
Fax:
01297 631002

MANOR ANTIQUES RESTORATIONS

SPECIALISTS IN ANTIQUE FURNITURE
RESTORATION AND JOINERY

INCLUDING FRENCH POLISHING AND RE-
PAIRS



Call Ian Wederell TEL 01404 891571
MOBILE 07732 549414

www.manorantiquesrestorations.co.uk
ELLISHAYES, COMBE RALEIGH,
HONITON



Homes & Interiors



NJ Whittaker Ltd

NJ WHITTAKER remain very busy and are reassured by the number of enquiries they are still receiving. Although the reduction in VAT rate to 15% has been widely criticized as pointless anyone considering extending or renovating their property will save £250 for every £10,000 spent so for a bigger outlay there can be a significant saving. Combined with very competitive quotations from builders and historically low interest rates it has never been a better time to invest in your property providing you can get the funding.

HAVE YOU GOT A BUILDING QUESTION YOU NEED ANSWERED?



Each month on our Homes and Interiors feature we shall have a new helpful section with Nick Whittaker of N.J. Whittaker Ltd. in Honiton who is an experienced and fully qualified builder who will answer your questions. This can be anything from DIY queries, a query about new laws and regulations, to a dispute with a builder you have at the moment.

Please either email your questions to kelly@pemedi.co.uk or post them to:

**Kelly Baker, View From Publishing Ltd.,
Unit 3, St. Michael's Business Centre, Church Street,
Lyme Regis, Dorset DT7 3DB.**

A question will be picked out and answered each month

THIS MONTH'S QUESTION:

I am thinking of making an offer on a property but have concerns that it might have subsidence. What do you look for to decide whether or not a property has subsidence? - **Mr B. Shaw**

ANSWER:

If a property has a subsidence problem then there will be evidence of movement by way of cracking in the foundations, walls and ceilings. There could also be slippage whereby the external wall leans more out of alignment or floors are out of level. Sometimes a property can have a superficial makeover to hide recent cracking. The signs to look out for are walls and ceilings recently lined with wallpaper and re-render or re-pointing externally. If in any doubt it is recommended that you contact a Structural Engineer to carry out a survey for you.



N J Whittaker Ltd



CHARTERED BUILDING COMPANY



- Free Competitive Quotations
- New Build, Extensions and Renovations
- Period and Listed Buildings
- Approved GRP Flat Roofing Contractor
- Established Reputation For Quality Workmanship
- Approved Contractor For EDDC and NHS



**TEL: 01404 43340 EMAIL: njw@njwhittaker.com
Great Western Business Park, Devonshire Road, Honiton, Devon,
EX14 1TA**

AXMINSTER DRAMA CLUB

Charity Registration No. 261866

Presents

Robin Hood

**Thurs & Friday
at 7.30pm**

**Saturday
2.30pm & 7.30pm**

Tickets from

**Archway Bookshop, Church St,
Axminster EX13 5AQ.**

Tel: 01297 33595

(After hours Tel: 01404 831089)

**Adults £9
(£7 paid in advance)**

16 & under / OAP £6

**2 Adults / 2 Conc £24
(only available in advance)**

Affiliated to N.O.D.A.



National Operative and
Dramatic Association

January 21st – 23rd 2010
The Guildhall



**Westminster House, West Street,
Axminster, Devon, EX13 5NX**
Tel: 01297 630933
Web: www.harrislets.co.uk
Email: info@harrislets.co.uk

AXMINSTER - £1000 PCM



A 4 bedroom, 4 en-suite attached property, double glazed, centrally heated, large living area, high quality finish, separate garden and parking, riverside location, must be viewed to be appreciated, no DSS

AXMINSTER - £750 PCM



A three storey four bedroomed semi detached modern town house, uPVC double glazing, GCH, parking and garage, rear garden and views within close proximity to all shops and travel routes. No DSS

MEMBURY - £750 PCM



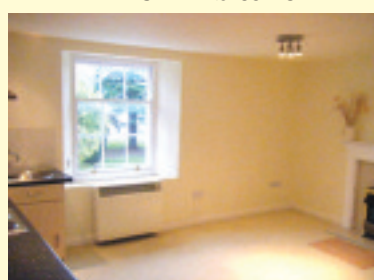
A 3 bedroomed 3 reception roomed property in the village of Membury, OFCH, woodburner and open fireplace, parking and gardens to front, side and rear. Original wooden flooring and sash windows in very good condition. Available now, no DSS

AXMINSTER - £600 PCM



A 2 bedroomed EOT house located in a popular residential area, enclosed rear garden, kitchen/dining area, 2 double bedrooms, electric heating, no dss

AXMINSTER - £485 PCM



A 2 bedroomed 2nd floor flat located in a central position within Axminster, Electric heating, newly tiled bathroom, kitchen/diner, 2 double bedrooms, no DSS or pets.

AXMINSTER - £600 PCM



A 2 double bedroom house with large open plan kitchen/living area, wonderful rural views, gch, uPVC double glazing, downstairs lavatory, located in a popular residential area.

AXMINSTER - £570 PCM



A mid terraced 2 bedroom property with gas central heating and double glazing, located close to centre of town. Available from mid - December.

**NO
VAT**

**LANDLORDS WANTED:
CONTACT US FOR YOUR FREE
NO OBLIGATION APPRAISAL**

**NO
UPFRONT
FEES**



Property View

www.property-view.co.uk

Room to let

HOUSE SHARE - SEATON

Room Available in modern, recently refurbished house. Housemate wanted to share with existing tenant. Shared kitchen, living room, bathroom and garden. Non smoker, No DSS
£250pcm + bills, Available from 1st February 2010
Please call 07533 633055

Property to let

UNFURNISHED 3 BED BUNGALOW

Kitchen with dishwasher NHS
Peaceful Patio, Conservatory, Large Garage, Gardener
Short hold tenancy
£850pcm negotiable
Kilminster
Please call 01297 32066

Established in 1857, **Pulmans Weekly News** a traditional paid for newspaper distributed throughout East Devon, South Somerset and West Dorset. We have a proud history of campaigning on behalf of the local community and we are extremely respected in the area. We offer fantastic, cost effective advertising opportunities, this is a great platform to showcase your business.

For further details or rates please call Jemma on 01297 446158

ADVERTISE YOUR PROPERTY TO LET OR PRIVATE SALE FOR JUST £9.99

To place your ad either fill out this coupon and send it to Unit 3, St Michaels Business Centre, Church Street, Lyme Regis, Dorset DT7 3DB. Call Jemma on 01297 446158 or email jemma@pemedi.co.uk by 12 noon on Friday for the following Tuesday's Publication.

Name

Address

Telephone No.

Payment can be made over the phone by credit or debit card or by cheque.

Property View

YOUR GUIDE TO THE LOCAL PROPERTY MARKET

A dedicated property supplement in your local Pulman's View From newspaper every week, and even more online!

www.property-view.co.uk

View From the Restaurant



The Wheelwright, Colyford

The Wheelwright scoops another top award

HOT on the heels of their success in the Great British Pub Awards last week, The Wheelwright in Colyford is celebrating yet another plaudit as winners of the award for "Best Food Pub" from Hall and Woodhouse Brewery. Judged on service, atmosphere and quality of food, The Wheelwright beat more than 400 other pubs in the group to clinch the award.

"We're delighted," says landlord Gary Valentine. "Since we took over two years ago, we've worked incredibly hard to create a really good dining experience for our customers. We've got a team of six full-time chefs and this award goes to show what a great job they're doing."

The Wheelwright, a beautiful traditional thatched inn dating back to the 17th century, offers everything

from deli boards of cured meats, smoked fish and seafood and cheeses to daily changing specials that might include venison casserole or grilled sea bass, all using fresh, locally sourced ingredients. Open all day, seven days a week, the pub has developed a loyal clientele of locals, while their growing reputation for excellent food is attracting increasing numbers of diners from further afield.

"We concentrate on giving our customers genuine customer service, quality food and creating a relaxed atmosphere," continues Gary. "It's about offering a great experience whether you're a local coming in for a pie and a pint or celebrating your wedding anniversary with a special meal. We like to think we've got something for everyone."



Cinnamons, Axminster

CINNAMONS the Indian restaurant is renowned locally for producing a fine dining experience to excite the palate of those who enjoy top quality Indian cuisine in a contemporary yet relaxed atmosphere.

Established in Axminster for four years and part of the Viceroy chain of restaurants in Yeovil and more recently Dunkeswell, who have achieved the British Curry Awards Gold Member Top 100 UK Spice Restaurants for five

years running, Cinnamons has been recognised for providing award winning cuisine and excellent service by the Devon Social Group by achieving it's prestigious Gold Award for two years running.

At Cinnamons they source ingredients locally where possible, working closely with their suppliers, using local butchers and organic vegetables when available. They use only the freshest ingredients and our authentic Indian chefs are trained to the highest standards to produce not only the traditional dishes you would expect from an Indian restaurant, but also work to produce innovative

and creative cuisine for those who are feeling more adventurous. Open for lunch and dinner seven days a week, for business or for pleasure, Cinnamons has a contemporary yet relaxed atmosphere, whether its an intimate meal for two, a meal with family and friends or a special occasion to celebrate, the staff at Cinnamons are there to look after you and give you a dining experience you will want to enjoy time and again.



A Warm Welcome Awaits



The Wheelwright

Voted Best Food Pub by Hall and Woodhouse

Swan Hill Road, Colyford, Devon EX24 6QQ
Telephone: 01297 552585 email: info@wheelwright-inn.co.uk

Cinnamons

INDIAN RESTAURANT

10 South Street, Axminster

FREE BOTTLE
OF WINE
OR BOTTLE OF
BANGLA BEER
on orders over £25



Happy new year
and best wishes from
all at *Cinnamons*



Taking Bookings
for the new year

Award winning
restaurant



FREE HOME
DELIVERY
on orders over £12
available within
5 mile radius

**01297
631175**

10%
DISCOUNT
ON TAKE AWAY
COLLECTION
OVER £10

www.cinnamonsindianrestaurant.co.uk

Leisure Directory

Call Kelly on 01297 446144
for advertising



Diary Dates

WEDNESDAY JANUARY 6TH

COLYTON: Over 60s Feoffees Party at Feoffees Town Hall from 4.15pm. Telephone 01297 552129 for more details.

THURSDAY JANUARY 14TH

HONITON: Honiton Flower Arranging Club Demonstration "Winter Melody" by Margaret Fairhurst. 2.15pm at Offwell Village Hall. All welcome. Telephone 01404 44151 for more details.

TUESDAY JANUARY 19TH

HONITON: Bargain Sale at the Mackarness Hall 9am - 12midday. Telephone 01404 831866 for more details.

WEDNESDAY JANUARY 20TH

HONITON: U3A talk: Myths & Tales of the Moor by John Stuart. From 2pm in the British Legion Hall. Telephone 01404 41708 for more details.

TUESDAY JANUARY 26TH

BEER: Beer Regatta AGM at Beer Social Club from 7.30pm. Telephone 01297 24944 for more details.

WEDNESDAY FEBRUARY 13TH

HONITON: U3A talk: RNLI - Ordinary people doing extraordinary things by Brian Cole. From 2pm in the British Legion Hall. Telephone 01404 41708 for more details.

ROBIN HOOD RIDES AGAIN BUT THE SHERIFF WILL NOT

AXMINSTER Drama Club's next Pantomime will be Robin Hood. Originally written and performed by the club several years ago Chris Lanes hilarious script has been updated and revamped with the help of first time director Phillipa Glanvill

This year will see many new faces on stage and even if you saw the last time the club did Robin Hood you will want to come again. Mind you if you really enjoyed the silly humour, sword fighting and cute mice last time you will not be disappointed this time around.

Taking a break from directing means that Chris gets to play the part of the sidekick to his son Robin, the Sheriff, a bit of a role reversal there. Robin has really got into his part of the mean Sheriff of Nottingham but has taken too much to heart the old stage saying of "break a leg" as he is currently on crutches. We are assured he will be fine for the show but planes for him to ride in on a magnificent horse are having to be curtailed which is just one more headache for Phillipa, a regular in Axminster Pantos but crossing the line to the other side for the first time this year.

Tickets are on sale from the Archway bookshop after Christmas but can be purchased in advance by telephoning 01404 831089. This years tickets are £9 for an adult but reduced to only £7 when purchased in advance and £6 for children and OAP's. A further reduction is available by buying a family ticket (two adults and two children or OAPs) for only £24

The show dates are Thursday 21st to Saturday 23rd January starting at 7.30pm with a matinee on Saturday starting at 2.30am



◆ LEARNING THEIR LINES: Cast members during a recent rehearsal

Pub

The Lamb Inn

Axminster

*Professional outside bars,
any size catered for
Beautiful beer garden
Delicious home cooked food
served daily*

Tel 01297 33922

Call Kelly on
01297 446144
to advertise

Dance

SALSA!

Thursday Nights

Axminster Conservative Club

The Beginners Guide to Salsa

A new 6 week course

7.30 - 8.30 starting January 7th

Plus

For Improvers and Intermediates

Tuition from 8.30

Free Dance from 10.00

Top Tuition, Top Tunes, Top Night Out

Moves, Shines, Free Dance

www.MisterSalsa.net

07989 088386

info@MisterSalsa.net

Dance

Learn to Dance...
Salsa
New 6 Week Beginner Course starts...
Thursday 7 January 2010
At The Turks Head Lodge, Honiton
Also starting on
Monday 4 January of The Exchange, Barnstaple and
Wednesday 6 January at The Rugby Club, Brixton.
Beginner course price £30, Doors open 7.30pm.
For further details visit: www.salsacascara.co.uk
or contact us on: 01398 458724

Special New Year Offer...
Join up for the Course as a 'couple' (male/female)
for only £60 which is a saving of \$6 per person off
the normal advertised price!
So convince your husband or wife, your friend,
your colleague or your neighbour and join up as a 'couple'
to benefit from this special offer...
Discover interest and exciting social life within the world of Salsa...
It's a great way to keep fit, meet new people and it will
also help you shed the stresses of life!

Catering

Mobile Bars

*Portable bars set up and run
for any event in East Devon*

**Draught lager and cider, real ales,
full spirit and soft drinks range.**

CASH OR ACCOUNT BARS

FULLY STAFFED

Ideal for village halls, marquee weddings, etc.

80-800 people

OLD INN, KILMINGTON

Tel 01297 32096

Mobile Discos

FLASH

mobile discos

Fully Registered Company
Full P.L.I & PAT Tested

(01404) 548803

(07725) 519602

Let Us Quote You For Your Event

Also Available DIY Discos
Visit Our New Website
For Full Details

www.flashdiscos.co.uk

FREE ReView Diary Dates listings form

Event
Date
Time
Venue
Town/Village
Organised by Tel No

Send your Diary Dates listings to:

View From Publishing Ltd, Unit 3, St Michael's Business Centre, LYME REGIS, Dorset DT7 3DB.
fax: 01297 444981, or e-mail: rob@pemedial.co.uk

PLEASE NOTE: This is a free service and whilst we endeavour to include all entries, we cannot guarantee all listings submitted will be published. Please use one form per event you wish to submit.

WE ARE UNABLE TO TAKE DIARY DATES LISTINGS OR QUERIES OVER THE PHONE
Deadline for postal / e-mail entries is Friday, 12noon

Local Services

Communication & Business ...Local Services

Computer Doctor

Computer Doctor

Fast, Friendly On-Site Service
in East Devon for problems
involving Software, Internet
Hardware, Virus Removal
or New System Setup
Slow Computer? I can help!
Call Mike (After Hours Service Available)
0800 09 20 419
07974 968131
New Computers Sourced and Installed

PC DOCTOR +
@STARRE

Call Peter or Gareth on:
01297 24451
it@starre.co.uk

NO-FIX - NO-FEE
COMPUTER HEALTH CHECKS
E-MAIL AND INTERNET
PROBLEMS

Plus...
Web Design & Maintenance
Broadband/
Wireless Network
Solutions

NOW AT NEW PREMISES
2 Harbour Road, Seaton, East Devon EX12 2LS

East Devon IT

EDIT East Devon IT Ltd

Web Services IT Services Telecoms Apple Mac

Local Specialist IT Company covering the South West
Fully Managed Services for peace of mind
Websites that look good and work hard
Telephone systems that ease your day
www.eastdevon.it Give us a call on **01395 493000**

Computer Problems

MICROTECH LAPTOPS
www.microtechlaptops.co.uk

Computer running slowly?
Blue screen error messages?
Computer crashing? Software problems?
PC just not booting up?
**MicroTech Laptops offer helpful advice
and service for all your computer needs.**
Call Dave NOW on Freephone 0800 0029745
or email dave@microtechlaptops.co.uk

**For Cost Effective
Advertising
Call Julie on
01297 446157
or email**

julie.pike@pemedi.co.uk

Apple Mac Support

APPLE MAC-SUPPORT
Advice • Tuition • Maintenance

"He could explain computer matters
so much better than anybody else."

CALL MICHAEL on
01395/548 243 or 0755 000 2383

Pets

Kennels

Sunnymead Boarding Kennels
Langaton Lane, Pinhoe,
Exeter, EX1 3TS
01392 445312



All kennels
centrally heated

Collection
and delivery

Dog Grooming

Debonair Dogz
(A Member of the British Dog Grooming Association)

Professional Dog Grooming

Experienced in all breeds
*Wishing all our customers
a very Happy Christmas*

Tel: 01404 831438
Mob: 07966 250441

Unit 2, East Devon Business Park,
Wilmington, Nr Honiton, Devon, EX14 9RL

Hens

POINT OF LAY CHICKENS
£12.00
LAYING 260-300
EGGS PER YEAR
ALL FULLY
VACINATED
A SELECTION OF
HANDMADE
COOPS AND RUNS
DUCKS ARE ALSO
AVAILABLE
TEL 01404 811344

**This Space
Could Be
Yours**

**Phone 01297 446157
for more details**



Gardens, Landscaping & Maintenance ...Local Services

Sheds

BEAMINSTER SHEDS
SECTIONAL WOODEN BUILDINGS

**BUY DIRECT FROM
THE MANUFACTURER**
WE BUILD STANDARD SIZE BUILDINGS
OR BUILD TO YOUR SPECIFICATION

Garden Sheds • Summer Houses • Wendy Houses
Potting Sheds • Workshops • Offices • Garages
Chicken Houses • Tool Sheds • Log Stores
Bike Sheds • Field Shelters • Animal Housing

6x4 Garden Sheds £230.00

Visit our display area in North Street, Beaminster
Open MON - FRI 8 - 5, SAT 9 - 12

32 NORTH STREET, BEAMINSTER, DORSET DT8 3DY TEL: 01308 861144 WWW.BEAMINSTERSHEDS.CO.UK



Ironwork

Ornamental Ironwork
GATES ♦ BALUSTRADES ♦ RAILINGS ETC
WELDING REPAIRS & FABRICATION

P.R. DRIVER
105A Harepath Road, Seaton,
Devon EX12 2DX
TELEPHONE: 01297 21109

Sheds and Summerhouses

Sheds and Summerhouses

- ♦ All garden timber building and structures
- ♦ Dovecotes to workshops
- ♦ Carpentry etc • Shed re-felts
- ♦ Custom and standard builds
- ♦ Base preparations and installation

TEL: 01297 34509 MOB: 07773 182929
www.oakandiron.co.uk

SEATON GARDEN SERVICES

From £8.50 per hour
Lawn mowing grass - Hedge cutting
Garden Clearance, Landscaping, Fencing, Paths,
Paving Slabs, Decking, Tidy ups No job too small
Small Tree Clearance
Call Andrew 01297 20793



Turn Over for more Garden Services

Gardens, Landscaping & Maintenance

...Local Services

Fencing

DAVID BRIGHT Garden & Fencing Service

FENCING

Closeboard - Panels - Palisade - Trellis - Post & Rail - Post & Wire
Rose Arches - Pergolas - Gates (domestic & agricultural)
Concrete and wooden posts available

GARDEN MAINTENANCE

Grass Cutting - Hedges - Rotavating - Spraying - Turfing or Re-Seeding

We provide a service to meet all your garden requirements.

Please phone David to discuss your individual needs

Tel: (01297) 678498

email: davidbright.gardenservices@btopenworld.com



D.J. Miller

Fencing

All types supplied and erected

General garden maintenance

All types of work undertaken

No job too small

For a free & competitive quotation
please contact David on

(01297) 680241

07526 124 674

ATLAS FENCING

THE NAME YOU CAN RELY ON

WE MAKE AND SUPPLY

SHEDS

SUMMERHOUSES

GARAGES

STABLES

FIELD SHELTERS

ALL TYPES OF FENCING

AND MUCH MORE

Free no obligation quote



DECEMBER

OFFER OF THE MONTH

NEED A NEW FENCE?

SPEND OVER £500 & RECEIVE A

FREE CASE OF WINE

OR

HOW ABOUT A NEW TIMBER BUILDING

SPEND OVER £600 & RECEIVE A

FREE CASE OF WINE

Phone Andy on 01404 851444 anytime

atlas fencing@tiscali.co.uk www.atlasfencing.co.uk

Garden Maintenance

E.D. GARDEN SERVICES

- Fully insured and registered
- Clearance and maintenance
- Hedgecutting and strimming
- Tree felling, surgery and pruning
- Turfing and seeding
- Paths, patios and graveling
- Fencing and gates

All aspects of other garden work undertaken

01297 625121 / 07949 457995

24hr Storm damage service

COASTAL GARDENS OF LYME REGIS

All aspects of garden maintenance
and complete landscaping service

22 years experience

Call Garry Gibbs for a professional and
friendly service on

01297 445943 or 07747 893430



We Cut & Build to Your Design in Our Workshops

SAWN, PLANED, TREATED TIMBER

- Fencing & Gates • Decking • Sheds • Summerhouses
- Hard & Soft Wood Beams • Woodchips
- Oak Flooring • Timber Buildings • Stable
- Chain Link Fencing • Post and Rail

LOOK BEFORE YOU BUY

We come out and give FREE ESTIMATES

Mon - Fri 8am - 5pm, Sat 8am - 11am. (Closed for lunch 1 - 1.30)

HONITON TEL: 01404 43411



Garden Design, Construction & Maintenance

Patios, Stone & Brick Walling, Driveways,
Pathways, Planting Plans, Turfing,
Decking, Fencing, Pergolas, Ponds,
Water Features, Gates, etc

All work guaranteed, Free written quotations.

Contact Richard

Telephone:- 01297 553599 or 07865 048828

Email:- greenerlandscapes@hotmail.co.uk

Website:- www.greenerlandscapes.net

Eden Garden Developments

Design, Construction & Care of
Landscapes & Gardens

Fencing, gates & decking, sheds,
arbours, hard landscaping, horticulture
& aquatics. Turf, topsoil & mulch,
trees & shrubs supplied

Gardens & Fencing

Free Estimates

01297 23596 & 07977 415446

**GREAT DEALS ON FENCING,
DECKING & PATIOS**



For Cost Effective Advertising

Call Julie on

01297 446157

or email

julie.pike@pemedi.co.uk

AQUATIC SOLUTIONS POND AND WATER FEATURE SPECIALIST

Renovation

Construction

Aquatic Weed Control

Disease Diagnosis

& Treatment

Water Quality

Aquarium Installation

Garden Maintenance

PAUL HILL HND FFM

12 years experience

in Aquatics & Water

Engineering

References available

Tel: 01460 30770

(Winsham)

Mob: 07875 584226



Jeremy White offers regular long term
help (all aspects) for the larger
garden and is available by the day.

Experienced and effective for
professional restoration including
Hedge reduction/laying

Veg • Gardening • Digging • Pruning
Clearance • Lopping • Planting etc

Fully insured - Free visit

Please phone 01404 841250

Roots to Fruits

Garden Services and Permaculture
Design, Creation and Maintenance

Tree Planting/Pruning, Forest Gardens
Hedgelaying, Ponds, Orchards, Fruit/Veg/Herbs

Friendly Advice and Estimates

Call Tom Purling 07887 991977

www.rootstofruits.co.uk

Experienced. References available. Fully Insured

Tree Care

FULLY QUALIFIED & INSURED
20 YEARS EXPERIENCE

Western Tree Services Ltd.
Total Tree Care



Specialising in Tree Surgery,
Felling, Pruning, Hedging

Self propelled 6" chipper & man for hire.

Chip trees and branches in parts of your
garden wheeled chippers cannot reach.

ALL ASPECTS OF DOMESTIC TREE WORK UNDERTAKEN

Contact: Mr K Williams on (01297) 445670



James & Oliver
BAILHACHE
TREE SURGEONS

Quality Tree Surgery/Pruning,
Hedge Trimming/Laying, Stump Removal,
Felling, Planting & Site Clearance, Logs

AXMINSTER

Tel/Fax 01404 881318 Mob: 07747 804773

olliebailhache@btinternet.com

Fully insured



Three Counties Tree & Garden Services

Domestic & Commercial Work Undertaken

- Tree Surgery, Felling, Reducing & Shaping
- Hedging & Fencing
- Mowing & Clearance Work (No area too large or small)

For Free Quotations & Advice Tel:

Chris Wyon-Brown

01297 35638 or 07773845724

Qualified and Fully Insured.

- Approved Contractor For Devon and Somerset Fire And Rescue Service.
- FSB Member.

Miscellaneous

...Local Services

Clock Repairs

CLOCK REPAIRS

FOR ALL YOUR
CLOCK AND WATCH REPAIRS

Free Estimates
Collection and Delivery Service

Steve Pratt: 01297 560942

Coin Collector

COINS WANTED
BUYING SOVEREIGNS AT LEAST £100
SILVER COINS BEFORE 1947
10 TIMES FACE VALUE
ANCIENT AND MEDIEVAL COINS
FOREIGN GOLD AND SILVER COINS
can collect and pay cash
Phone anytime for free copy of latest mail order
sales catalogue of coins and antiquities from
Pre-historic to Victorian - many items under
£20 - 32nd. Year - or visit our stall at
Sherborne antiques market.
ANCIENT AND GOTHIC - Tel: 01202 431721

Engineering Services & Metalwork

...Local Services

Applied Engineering

APPLIED ENGINEERING UK
bespoke engineering specialists

- Gates & Railings
- Structural Steels
- On-Site Welding & Metalwork
- General Engineering Services
- Extensive Experience with Unusual Jobs

Call today for a friendly, no obligation quote.
Tel - 01823 874 311
Email - info@app-eng.com
Website - www.app-eng.com

**This Space
Could Be
Yours**

**Phone 01297 446157
for more details**

Weddings and Special Occasions

Knapp Creations
Pig Roasts & Outside Catering
from the Blackdown Hills

A pig roast on a spit or a Blackdown Hills Mixed Roast cooked and served especially for you for all occasions using locally produced food whenever possible

Alan and Diana
 Tel: 01404 661348
 Mob: 07976 762289

Camille
 Tel: 01408 234235
 Mob: 07775 644612

Piggin Good
 THE CATERING COMPANY for all occasions

HOG ROASTS • OUTSIDE CATERING AND MORE...
 TEA ROOM: CLARE HOUSE, 15ME STREET, AXMINSTER EX13 5AU

Tel: 01297 631216 Tel: 01297 35559 Tel: 07766 991479
 E: piggingood@btinternet.com www.piggingood.com

Tutoring and Education

GUITAR LESSONS
Getting a Guitar for Christmas?
 Classical, Acoustic and Electric styles taught.
 All Ages. Beginners Welcome.
 Free CD Recording
 of Your Favourite Piece.
 30 Years in the Recording Industry.
Call Eric Williams
Tel: 01297 625 334

**Tutoring programme
 For 11+ exam 2010**


One-year home tutoring programme for Year 5 pupils in Axminster-Colyton-Lyme area.
 Mixed discipline weekly 1 hour evening sessions with individual work plans formulated to complement interests and enhance skills.
 Monthly reports scheduled with carers
Contact: James McCarthy 07707 180058

Health and Care

...Local Services

Footcare

MARY McPADDEN RGN M.Inst Ch.P.
 HPC REGISTERED CHIROPODIST



Clinic at Melanie Brown's Hair & Beauty
 McNeil House • George Street
 Axminster • EX13 5DP
 Telephone 01297 35667
 Mobile 07946 213310

Lindy Parry - Podiatrist / Chiropodist

(BSc Hons Podiatry, MChS, HPC Registration number CH26100)

A Private chiropody clinic Tuesday and Thursday at:

Townsend House Medical Practice Seaton

A wide range of nail and foot care treatments available, from the removal of corns and callosities to nail surgery. Foot health assessments also undertaken including those for diabetic patients. A nail cutting only service is available at these clinics. Home visits can be arranged for house bound people.
To make a booking please call

01297 22956

Counselling

CONFIDENTIAL INDIVIDUAL COUNSELLING

Anxiety, Stress, Depression, Loss, LGBTQ issues, Relationship Problems

Mary Blick BSc (Hons), MSc, C.Psychol
Chartered Counselling Psychologist
MBACP

Mobile: 07528 031380

Spinal Therapy

BOWEN & SPINAL THERAPY
 for people (& pets).

Back/neck pain, shoulder/knee problems, muscle & joint pain.
 Hayfever & asthma.
 Gentle technique, suitable for all ages, can work through light clothing

Colyton 01297 440267
Lisa Eldrett BSc chiropractic

Holistic Therapy

Cathy Webber ~ Holistic therapy
Call chloerin complementary health care. Axminster.

Aromatherapy massage, Indian head massage, hot stone massage, hopi ear candles reflexology

Tel: 01297 445816
Mobile: 07815 583550
Gift vouchers available

£10 off with this coupon valid until the end of Feb 2010
 one coupon per treatment. Max two coupons per person.

Home Care

PRIORY HOME CARE SERVICE
 in and around
 Ottery St. Mary

CARING FOR SOMEONE?
 LIVING ALONE?
 NEED A LITTLE HELP OR SUPPORT?

We can provide
 all the help you need.
 Call us on 01404 - 815511

Diamond Plus Home Care

is a new Seaton based home care service. Provided by a registered nurse, offering professional care for personal, social and domestic needs.

Please call Ms Hawkins on
01297 22964 or 07891 780185

Hypnotherapy

KAREN TAYLOR DHP, HPD, GHR, LHS
HYPNOTHERAPY

Treatments include
 Stress / Anxiety / Panic Attacks / Insomnia
 Depression / Phobias / Migraine / IBS
 Anti Smoking / Weight management
 Hypnobirth
 Pain relief and much more

Tel: 01404 861143
 E-mail: karentaylor@hypnotherapyworks.uk.com
 Web: hypnotherapyworks.uk.com


 Stress, Smoking, Weight Control, Anxiety, Fears, Confidence, Emotional, Sports Performance and many other problems

HYPNOTHERAPY

J.Edward Smith B.A.
 D.H.P. M.C.A.Hyp. M.N.C.H. (Acc) G.H.R. (Reg)
01297 - 631570
 Tel: Enquires / FREE Brochure

Osteopath

OSTEOPATH (Colyton)

Long known as a highly effective treatment for back pain and sciatica, osteopathy can also help people suffering from such conditions as headaches, neck and shoulder pain, tennis elbow, arthritis, foot pain, respiratory problems and postural problems.

Dave Wilken (registered osteopath) at **Fitz. Market Place, Colyton.**
 phone **07719 705860** for an appointment.

Mobile Hairdresser

Judé
Mobile Hairdresser
 Fully Qualified

Quality hairdressing in the comfort of your own home. Operating in the Axminster area (+ 7 mile radius).
 With over 30 years' experience.

Ring 07795 098243 for an appointment

Cleaning Services

Carpet & Upholstery

Clean Living 

Carpet & Upholstery Cleaning
 First Class Service - First Class Results

- Free Survey with no obligation
- Safe cleaning of both wool & synthetic carpets
- Upholstery
- Leather
- Oriental carpets a speciality
- Turbo drying of carpets & upholstery
- Safe insect/moth/flies protection/extermination
- Fire proofing of carpets
- Stain-guarding of carpets & upholstery
- Covering W. Dorset, E. Devon & S. Somerset
- All work properly insured
- Full member of the NCCA

Tel: 01297 561505 or 07970 060449

DRY CARPET CLEANERS
 A True EARTH Friendly Process

FREE STAINGUARD TREATMENT WITH EVERY ORDER

dry-as-a-bone.co.uk "forget wet"

- No Wet Carpets
- Zero Drying Time
- Carpets Can Be Used Immediately
- Safe Non-Toxic Natural Biodegradable Product
- Harmless to children & pets

TEL: 01297 22862
COVERING EAST DEVON & DORSET

Chimney Sweep

C & L 
Chimney Sweeps

01308 424219
01297 33159
07773 203155


Draw Test & Insurance Certificates with each sweep
 Institute of Chimney Sweeps

CHIMNEY SWEEP SERVICES LTD
 GLYN YORKE

Brush and Vacuum Sweep
 Fully Insured
 Specialist in Multifuel Stoves
 Chimney Linings Service

Bird Guards, Chimney Cows and Stoves fitted

Certificates for thatched properties



Traditional Lucky Sweep
 Established 1992

A CLEAN CHIMNEY IS A SAFE CHIMNEY

Window Cleaner

THE WINDOW CLEANER
AXE VALLEY

Windows, Guttering, Fascias and Conservatories Cleaned Patios and Driveways
 Jet Washed

Telephone: 01395 577438
 or 07742 504607

WINDOW CLEANER

Friendly, Professional and always a reliable service
 Full liability Insurance
 We don't just do the pains we always do the frame.
 Day, Week, Month, Contacts

PLEASE CALL ANGEL SERVICES
01297 23245
OR 07867 937397
FOR A FRIENDLY CHAT

Do you offer a cleaning service?

Chimney sweep? Windows? Carpets?

Ironing? Polishing? Hoovering?

Washing? To advertise here call

Julie Pike on 01297 446157

Electrical Services

...Local Services

SAFElec (SW) Ltd
P. A. T. Certifications
&
Domestic Electrical Work.
 A Complete Electrical Service For Your Home.

- All electrical work, no job too small.
- Fully Qualified Domestic Part P & 17th Edition
- P.A.T. Certifications for businesses, holiday lets and B&B's
- Periodic Inspection Reports.

Call Steve for a no obligation quote
01297 639880

S.J BARTON
ELECTRICIAN
ELECTRICAL CONTRACTOR
KM 501154

All domestic electrical works including:

- PAT testing, inspecting, testing and certificates
- Domestic Part P Approved Installer
- Fully Insured
- A Prompt and Reliable Service

Please ring for a quote on:
 07989 306857 / 01297 443871
 email: scott@sparkyscott.co.uk

FORTRESS Electrical, Fire & Security Services Ltd

- Domestic, Commercial & Industrial Electrical Installations
- Intruder & Fire Alarm System Installations & Maintenance
- CCTV & Access Control
- Inspection & Testing
- Data & Network Installations
- Maintenance

Telephone: 01297 678111 Fax: 01297 678114
 Email: info@fortress-electrical.co.uk
 Website: www.fortress-electrical.co.uk

WALLIS ELECTRICAL SERVICES

Industrial, commercial and domestic
 Security systems including CCTV
 Fire alarms
 Maintenance and 24 hour breakdown

Portable appliance testing
 Inspection and testing
 Certification of electrical installations
 Ventilation system design and installation

All your electrical needs in one package
 Unit1, Millwey Rise Industrial Estate, Axminster, Devon EX13 5HU
www.walliselec.co.uk **01297 33554** info@walliselec.co.uk



GW ELECTRICS
 Fully qualified and insured for all electrical work

GAVIN WARREN
 Electrician

Installations, rewires and repairs
 Alterations and upgrades
 Inspection, testing and certification

gavwarren@btinternet.com
 Contact for a free quote

01297 22404
07977323574

TTS MEDIA
ELECTRICAL CONTRACTOR

- Domestic, Commercial, Industrial
- Re-Wiring/Inspection
- New Installations
- All types of Electrical Work Undertaken

Tel: 01297 578119
www.ttsmedia.com



MARTHA MOCKFORD
 now offers **Electrical Services**
Any domestic electrical work undertaken
 Fully qualified and experienced engineers covering East Devon

01404 44189

ATP Electrical Services
 All domestic electrical work

- Installations • Rewires
- Alterations & Upgrades
- Maintenance • PAT Testing
- Inspection and Testing

Fully Qualified, Part P Approved, Fully Insured

Trevor Part
 Mobile 07711 893490

This Space Could Be Yours

Phone 01297 446157
for more details

ROB HUDSON ELECTRICAL SERVICES

ELECSA Registered
 Additional Sockets, Lights, Points
 New Installations, Re-wires, Upgrades
 Inspection, Testing & Certification
 Fully Qualified and Insured

01297 552628

Removal, Clearance & Storage

...Local Services

THREE COUNTIES RECYCLING
Helping
Farmers, Small Holders, Nurseries, Stables
Recycle their waste
Contact Ralph 07813 457862
Jim 07979 254706
Home & Fax 01297 678271

LYME BAY REMOVALS
Local & National Removals
HOUSE CLEARANCES
Self Storage Units Available
01297 22453 or 21813

S&F Haulage & Skip Hire

8 Yard, 6 Yard and 4 Yard skips now available for hire
 6 Wheeler Tipper With Grab
 7.5 Tipper Available
 Good Reliable Service - Fully Licenced
 Rubble, Site Clearance and Soil etc
T: 01308 425855 M: 07875 986537

TAYLORS REMOVALS

Local/National/Overseas
 Full or Part Loads
 Storage Facilities
 House Clearances
 AVAILABLE 7 DAYS A WEEK

Tel: Dave or Dean
(Axminster) 01297 35740

AR All Rubbish & Chard House Clearance
ALL RUBBISH.co.uk
WE CLEAR:
 Business's, Homes, Garages, Gardens, Outbuildings, Shop
 Fitters Contracts, Asbestos, Furniture, Carpets, WEEE,
 Rubble, Soil, Builders Waste, Flood & Fire Damage, etc
WE UNDERTAKE: Tree Felling & Surgery, Asbestos Surveys.
Business & House Contents Clearance
 We do the loading & can still be more competitive than a skip!

07813 836876 01460 259600

Licensed Waste Carriers & Brokers

This Space Could Be Yours

Phone 01297 446157
for more details

WM Waste Services

All rubbish removed domestic, garden, builders and commercial waste.

Cheaper and easier than hiring a skip

Tel: 01308 456664 or 07969 428159
 Environment agency licensed waste carrier

Self Storage Units

Large & small storage Units to rent in Sidmouth, weekly, monthly, yearly contract from £25 per week.

Local removals for customers
Phone 01395 571002
or 07775 695687

VAN & MAN

Removals, Local, National and European, I will move it!
Just Call for a quote
Call Chris on 01404 45213
or 07967 759246

Global Removals of Devon

Neil Sparks

- Same Day Service
- From One item to full household
- House Clearance available

t: 01297 24701
m: 07733 334985

AXMINSTER STORAGE

High quality, individual units. Good access. Suit household or business use.
 Caravan Storage also available
 Owner lives on site
 Very reasonable rates

Telephone: 01297 33839 or
Mobile: 07970 274240
www.hunthay.co.uk

AXE SKIP HIRE LTD
3,4,6 & 10 skips available

- Cut Firewood For Sale By The Bag
- Hard Core Available (please ring first)
- Top Soil Available (please ring first)
- Free Wood - available to cut.

Tel: 01297 32470
 Fax: 01297 631904
www.axeskiphire.co.uk
 E-mail: skips@axeskiphire.co.uk

Plumbing, Gas, Water & Heating

...Local Services

EAST DEVON PLUMBING

For all types of domestic plumbing work

No job too small 24 hour call out

BATHROOM & KITCHEN INSTALLATIONS

Supply & fit or fit only

Including:

Tiling - Electrics - Plastering

Free quotation
Free design
Free advice

En suite bathrooms built

For a prompt and friendly response phone

Home 01404 850 099
Mobile 07778 793 628

GK Plumbing & Heating Services

All aspects of plumbing work undertaken

Repairs and installations

Bathrooms designed & installed including tiling, electrics & plastering

No call out charges

07896 344457

Evenings 01297 32466

PATRICK WHELAN
PLUMBING & HEATING SERVICES

- BATHROOMS • CENTRAL HEATING
- BOILERS • REPAIRS
- INSTALLATIONS • UPGRADES

For all your domestic plumbing & heating

01460-221424 or 07777622841

covering Axminster & all surrounding areas

CORGI REGISTERED ENGINEER

P.W. SERVICES

PLUMBING & HEATING ENGINEER

 - Corgi Registered -  - Oftec Registered -

- Installers of Central Heating systems
- Bathrooms/Upgrades • Underfloor Heating
- Solar panels • Fully insured/Free estimates
- Senior Citizen discount

Telephone: 0800 781 8598
Mobile: 07747 846206

GAS CHECK SOUTH WEST

Corgi Registered 199190

For all

INSTALLATIONS • SERVICING PLUMBING/HEATING • REPAIRS

07811 129913 or 01404 45090

FREEPHONE 0800 0938169

JOEL TURNER
PLUMBING AND HEATING ENGINEER

Natural gas and oil registered

Boilers installed, serviced and maintained

All other plumbing work undertaken

Fully insured, Fully qualified

Free estimates, Fair prices, Reliable service

Tel: 01297 678768
07912 384297

joeltheplumber@live.co.uk



 Central heating systems  Bath and shower rooms

 Fires, boilers, cookers and hobs  Free estimates

 Installation and servicing  24 hour emergency response

 Landlords safety checks  LPG gas & oil fired

 Renewable energies

All your plumbing, heating needs in one package

Unit1, Millway Rise Industrial Estate, Axminster, Devon EX13 5HU

www.walliselec.co.uk 01297 33554 info@walliselec.co.uk

MIDWAY PLUMBING
BATHROOMS & KITCHENS INSTALLATION
(Supplied or not supplied)

- All Tiling - Floors & Walls
- All Electrical Work
- All General Plumbing

Fully Insured with 2 year guarantee

FREE ESTIMATES

TEL 01308 456664
OR 07969 428159

All rubbish removed from site

PIPE RIGHT Plumbing & Heating Engineers

- Plumbing & heating systems designed and installed
- LPG, Natural Gas & Oil boilers installed, serviced and maintained
- Bathroom installations
- Landlord certificates
- All work undertaken by qualified registered installers
- Solar Systems designed & installed

Phone 01884 821200 01404 850144

Making Life Flow Easier...

DES GRANT
Renewable Energy Specialists

Solar Systems Designed Supplied and Installed

Plumbing & Heating Services

Repairs Installs & Service

System flushing and Boiler/System Upgrades

01297 35559 07785 935177

Fully Insured Qualified & Registered

GOT A PLUMBING CRISIS? LET ME HELP!

Local plumber offers reliable, honest, quality service

24 hour Emergency Service

Fully Insured. No Call Out Charge

- Dripping taps and leaky cisterns?
- Old pipe work?
- Need your bathroom suite replacing?
- Senior Citizen Discount

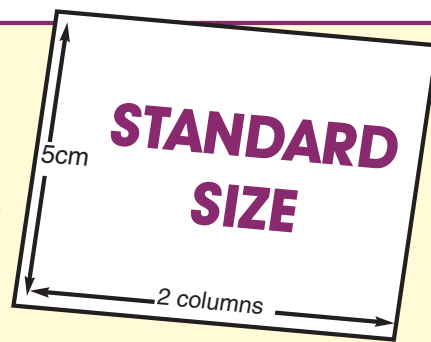
Call Gary at GJC Plumbing Services

07813 073669

From as little as £10+VAT a week* you can promote your business on the 'Local Services' pages in not just one, but five local newspapers!

To book your space call Julie on 01297 446157 or email julie.pike@pemediaco.uk

* Based on an 8 week booking



BLAKES PLUMBING 

For all your plumbing needs

- 24 hour call out
- OAP discount

Tel: 01404 814393
Mobile: 07968 281709

Windows

...Local Services

DOUBLE GLAZING REPAIRS

We are the double glazing repair specialists!

Any problems with uPVC, wood or aluminium windows and door?

- MISTED OR CRACKED WINDOWS
 - Hinges replaced
- uPVC Replacement Windows supplied & fitted
- Double glazed sealed units
- Misted Velux Windows
- Specialists for uPVC cladding, fascias, soffets and guttering

 New windows or doors are not always necessary. We can probably repair it.

BUT if you are thinking of replacing your windows & doors WHY PAY THROUGH THE NOSE. We supply & fit most systems on the market at a cost much less than local or major companies.

NO COMMISSIONS, NO FALSE DISCOUNTS, NO JOB TOO SMALL, FREE ESTIMATES

Telephone: Steve Cummins
Seaton 01297 20722

CALL NOW FOR A COMPETITIVE SPEEDY SERVICE

Watts Windows

Transform your home with your local home improvement specialists

Conservatories

Porches

Doors

Fascias

Garage Conversions

Security Shutters

upto 25% off with this advert

Tel: 01460 221871
Mob: 07875 947161

If you have a Glazing problem there is only one thing you need to remember

Glass is Sharp

So call the glazing experts if you have:

- Misting or condensation in your double glazing
- Broken glass in windows or doors
- Problems closing your double glazed windows
- Any other glazing problem

Tel: 0800 612 4704
e-mail: info@glassisharp.com



Heating

WOODBURNER FUEL

MORE HEAT AND EFFICIENCY FROM YOUR STOVE

Very dry Eco-fuel logs, high heat, easy to light, low ash

HOME DELIVERY - QUANTITY DISCOUNTS

www.woofwoodfuel.co.uk

ECO-FUEL LOGS, KILN DRIED LOGS, WOOD PELLETS, KINDLING, FIRELIGHTERS

 **Barking up the right tree**

Sanctuary Fires

Supply and Installation of Solid Fuel Stoves

Fire place building, HETAS Qualified

Jon Hall
Tel: **01884 849339**
Mobile: **07830 108089**
Email: **jon-hall@zoom.co.uk**



Around Your Home

...Local Services



Plastering, Tiling, Flooring & Carpentry

Pride in Plaster
Professional and Local Service

- Internal and External
- All Plastering and Renovation
- Chip Off and Re-Render service
- Dry Lining / Plastering Boarding
- Floor Screeding
- Coving
- City & Guilds Qualified

Please call **Rob** on **07967 010 367**
Domestic and commercial work undertaken



Scott Cooper PLASTERING, TILING & DAMP PROOFING

Please call for a free quote
Telephone **01297 20219**
Mobile **07745 464357**

Carpentry by Design

Bespoke Carpentry
and furniture
20 years experience

Free Quotations

Tel **01297 235010**
Mob **07595 280383**

Unit 14 East Devon Business
Park, Wilmington EX14 9RL
www.carpentrybydesign.co.uk



This Space Could Be Yours

Phone **01297 446157**
for more details

David Whalley

For all your
Carpentry & Home
Improvement Needs.

Doors
Flooring
Kitchens
Tiling

Call
Phone: **01297 20694**
Mobile: **07971 624411**



MW FLOORING

To fit all your laminate and
hardwood flooring

Call Mick for a free quotation
and friendly service

Fully Insured

Tel: **01404 850107**
or **07851 147987**



MAKE YOURS
AN 'A1' HOME

The Local Reliable Quality
Professionals

GET THE 'A1' FINISH

For free quotation call

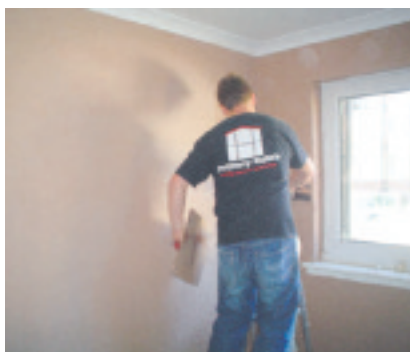
01297 631481

07746 648679

WALL & FLOOR TILER

Over 35 years experience
Free estimates

Telephone Geoff on
01297 625909



Painting and Decorating

Professional Painting

Gates, Fences, Shopfronts, Masonry,
Windows and Doors

A tidy, prompt, professional service
is guaranteed. Fully Insured.

No job too small

Repairs and Maintenance undertaken

Ross Young

01297 21283 07799 334885

Covering the whole of East Devon

PAINTER AND DECORATOR

Many years experience
very reasonable rates

Call Bill on

07856 055226



Window restoration

THE WINDOW DOCTOR

Why pay for new windows? If your old timber
windows could be restored. So why not call
for a no obligation price.

- Window restoration
- Painting and decorating
- Other DIY jobs around the house
- Local References available on request

Call **Rob Knight** on
01297 34813 or **07955291456**

David Thomas Quality Decoration Service

For all your painting,
decorating and property
maintenance requirements

Established over 25 years
Fully Insured

Tidy/Reliable/Prompt Service
01297 443336 07778 039404

Gareth Tanner Painting and Decorating

Competitive rates

City and Guilds qualified

25 years experience

Reliable service • Free estimates

Telephone **01404 41967**
or **07736 644452**

REMA DECORATING SERVICES

Interiors & exteriors
Commercial and domestic
Free estimates & advice given
Fully insured • Over 15 years of experience
Local, reliable & professional service
Quality assured

TEL: **01297 22501**
07745 822 223

General Maintenance

Andrew Morgan

Property Maintenance

- General Building Work • Paving
- Plastering • Painting • Decorating
- Exterior & Interior

Tel: **01297 - 21597** Mob: **07813 678430**



Stephen Hartwell

Over 30 Years Experience

Building and Property
Maintenance

Local, Friendly & Reliable

01395 597818

0793 9974 706

MATT DAINES

BUILDING & PROPERTY
MAINTENANCE

01297-553118

07851-749902

FOR A FREE QUOTATION & ADVICE

Handyman

HANDY MAN

Very experienced semi-retired builder.

Available for all jobs - inside and
outside the house

from putting up a shelf to laying a large patio,
fencing, building walls, arches etc.



Please ring **Freddie**
on **01297 22365**
for advice or help.

Kitchen Doors

KITCHEN DOORS

Replacement door
and drawer fronts
Any size - Many styles
Lowest prices

Free estimates • No VAT
Telephone **01395 225190**
Economy Kitchen Doors

This Space Could Be Yours

Phone **01297 446157**
for more details

HOUSE DOCTOR

PROPERTY MAINTENANCE
DECORATION
GENERAL BUILDING
CARPENTRY

Phone **ROB MITCHELL**

Home **01297 35556**

Mobile **07974 490602**

Building, Property & Roofing



Castle Head Builders



- Extensions
- Renovations
- New Build
- General Building Work
- Local
- Reliable
- References available

Call Andy now for a discussion & Free estimate on
Telephone 01297 33006
Mobile 07977 476093

RICHARD TREVISICK

The Tradesman

- Carpentry
- Kitchen Fitting
- Tiling (Floor & Wall)
- Oak Floor Specialist
- Roofing
- Renovations

Friendly service, 25 years experience
Fully insured

Tel: 01404 891767 or 07768 527052

D.A.H. BRACEY BUILDERS L.L.P.



Company
registration 6215848



Registered Company

For all your building needs
We cover everything from planning
to groundworks to fibreglass roofing
PLUMBING AND ELECTRICAL CONTRACTOR
Call for a free estimate. No job too big or small
Call Simon on 01297 34921 or 07771 914264

IF CAD Services

PLANS New build, **PLANS**
home extensions
& conservatory plans
for planning applications etc
*Need a visual to see what it
will look like before it's built?*

Call Ian: 01460 221036

ifcadservices@tiscali.co.uk

Building and Maintenance

COLIN DOLMAN Plasterer & General Builder

- General Repairs & Maintenance
 - Painting & Decorating
 - Tiling (Kitchen/Bathroom)
- Rendering • Glassfibre Flat Roofing
- Refurbishing • Renovations

Free Estimate

- No Job Too Small -

Home: 01297 625225 Mobile 07855 299845

Construction

All domestic Groundworks / Excavations

- New Water Mains • Septic Tanks
- Foundations • Concrete works
- Drainage • Garden Clearance and
landscaping • Driveways (Paved and
Tarmac) and Patios

Tel Neil

07798 816030 / 08451 996528

Eco~Friendly Services



Do you or your
company provide
an Eco~Friendly
service?

You could be
advertising your
business here

For More
information
call Julie

on

01297
446157



soanes cycles



SAVE MONEY
ON FUEL,
GET FIT -
CYCLE!

SALES ★ REPAIRS ★ SERVICE

★ SAME DAY REPAIRS AVAILABLE

KONA ORANGE GIANT SARRACEN HARO
R.S.T ROCK SHOX MAVIC MAGURA NDA
FLUID 23 DIRTY DOGS OAKLEY

CYCLE HIRE AVAILABLE

Try before you buy (on selected models)

QUEENS SQUARE, COLYTON EX24 6JX
TELEPHONE: 01297 552308

...Local Services

Aerials & Television Services



TELEVISION REPAIR

Your Local TV
Repair Service

LYME BAY
TELEVISION SERVICE

Repairs and Service to
TV, DVD, VCR & AUDIO



Telephone: 01297 445561

Mobile: 07815730626

Email: angus_wheller@hotmail.com

PICTURE BREAK UP? FREEZE?

NO SATELLITE SIGNAL?

Need a new digital aerial, Extra Points/Extensions
Sky upgrades, Full system Servicing/Installation
Storm Damage
Repairs and Insurance
Domestic and Commercial
Call now for a fast and reliable response
No Call Out Charge

The Aerial Man

7 days a week service

Tel: 01404 89 29 27 Mob: 07791 095 422

Seaton Decor & Building Ltd.

- Painting • Decorating
 - Extensions
- Stonework/Brickwork
 - Plastering
- General Masonry
(Member F.M.B. & F.S.B.)

Tel: 01297 20532 Mob: 0798 0626 999

Timberframe or
Timberframe +
Foundations and
oversite Felt /
batten / tile or slate



Phone Tony on 01404
861510 or 07967 388134
for free quote
plans also prepared for
new projects

AERIALS & CABLE

TV & Radio Aerials

Installations & Repairs
Satellite Installation
UHF & VHF
Digi Upgrades & Boxes
Multi Point Installation

Established 42 years

Tel: 01297 443928

Mobile 07814 481833

TTS MEDIA

AERIAL & SATELLITE INSTALLATION

- Terrestrial & Digital Aerials
- Sky Digital
- Freeview
- Free Sat
- Authorised Sky Agent



Tel: 01297 578119

www.ttsmedia.com

GEOFF CHANT Buildings & Restorations

Fibreglass Flat Roofing,
Damp Proofing and
Timber Treatments
Topseal Accredited

Tel 01308 421874

Mobile 07971 694614

Tel 01297 32459

www.geoffchant.co.uk



This Space Could Be Yours

Phone Julie on
01297 446157
for more details

Roofing

Garage Doors

United Roofing Products
Manufacturers of metal roofing sheets

- Made to measure, no waste • Box profile
- Corrugated sheets • Composite panels
- Roof lights, flashings and fixings

Specials and seconds always available

Need advice? Contact us...
Longbridge Meadow Ind Est, Cullompton, Devon, EX15 1BT
Tel: 01884 839382 Fax: 01884 839029
Email: sales@unitedroofingproducts.com

GARAGE DOORS



Supplied & Fitted
Repairs
Remote Controls
Free Quotations
9am to 7pm - 7 days

01297 24137

07831 621854

28 years experience

AERIAL VISION SOUTHWEST

Stuart Harwood
Domestic & Commercial
Aerial & Satellite installations
Supply & Install Panasonic and
Samsung T.V's
Tel: 01297 625171



www.cai.org.uk

www.rdi-lb.tv

digital

Reg No. 18265688 RDI

avsouthwest@hotmail.com



Your Local Panasonic Dealer

L. Wyatt

Sales, Repairs, Installation
4 High Street, Chard
Telephone: (01460) 62237

Panasonic
ideas for life

Do you or your company offer
an aerial fitting service?

You could be promoting your
company here

For more information call

Julie on 01297 446157

or email

julie.pike@pemedial.co.uk

**G H Newbery
& Son (Honiton) Ltd**
METAL RECYCLING

Wylam Yard, Monkton,
Honiton EX14 9QQ
On A30/A303 Honiton
Bypass

► CASH PAID FOR SCRAP ◀

Buyers of All Scrap Metals

Farm Scrap, Copper Pipe, Copper Cylinders, Brass,
Lead, Aluminium, Household Cable, Stainless Steel

RING NOW 01404 46020

Car Breakers

- Best rates paid for your old vehicle
- MOT failures, accidents and End of Life Vehicles
- Huge Choice of Car Parts Available

New Tyre Fitting Bay

Part Worn Tyres Fitted & Balanced
From £10

**RING NOW
01404 46772**

Opening Hours

Mon-Fri 8am - 5pm, Sat. 8am - 12 noon



www.devonscrapmerchants.co.uk

Free bottle of wine
for all new customers
bringing in over
£50.00 worth of scrap
metal on production of
this advert

MOTURING VIEW

MAKE YOUR ADVERTISING BUDGET GO FURTHER CALL TONY ON 01297 446151

PRIVATE CAR SALES

UNDER £1500

ESCORT VAN N REG

MOT, Taxed, Roof rack
low bar, Diesel, Tatty
but good work horse

£480

01297 22140

FIAT UNO 45 999cc

E Reg, 5 door, Beige,
155,607 miles, taxed
till end of May 2010,
MOT end July

£300

01297 639927

NISSAN PRIMERA SPORT PLUS ESTATE

1999 (V Reg), Silver,
92k miles, MOT till July
2010, tax till end of
December 2009.
Very good condition
inside and out

£1,500 ono

Telephone 07810 357209



NISSAN MICRA S

2001, 3 door, silver,
69,000 miles, MOT - July
2010, radio/cd player,
good condition

£1000 ono

01460 62445



LANDROVER DISCOVERY 300 TDi

1997 (R Reg), Epsom
Green, 144k miles,
MOT June 2010,
Taxed till end Dec
2009, 5 door, 7 seats,
history, vgc, 2 owners

£1,900

Telephone 01297 552233



1997 ROVER 600

Honda 2 litre engine,
63000 miles, electric
sunroof and front win-
dows, aircon, ABS, PAS,
Excellent condition, 12
months MOT, tax to 31
January 2010. Extremely
reliable & comfortable

£650

Telephone 01404 45608

Evenings and weekends



VAUXHALL ASTRA BERTONE COUPE 2000 (X) 2.2 16v

Titan Gold metallic, full
immersher body kit, Very
Rare Model, 59,000 from
new, Tax, MOT, service
history, new tyres and
brakes, excellent
condition, Air Con, 6 disc
auto changer, cruise
control, multiple airbags,
any trial, p/x considered

£2,995 ono

Telephone 01297 449106



car centre.co.uk Tel. 01297 444544

www.rousdon



**02 (52) VOLVO V40
2.0 SPORT
£4295**



**BMW 320D SE TOURING
TURBO DIESEL ESTATE
£10695**



**05 (05) BMW X5
3.0 D SPORT
£18995**



**05 (05) FORD MONDEO
2.0 TDCi 130bhp TURBO
DIESEL ESTATE
£5595**



**06 (06) NISSAN MICRA
1.2 S
£4695**



**06 (56) SKODA OCTAVIA
1.9 TDi AMBIENTE ESTATE
TURBO DIESEL
£7395**



**06 (06) KIA CARENS
2.0 GS MPV
£4495**

02(02) BMW 320i Ci(SE) CONVERTIBLE, Metallic Titan Silver, Only 56000 Miles with BMW Service History, Black Leather Interior, ABS Brakes, Traction Control, Full Power Roof, Digital Climate Control, CD Player, Alloy Wheels.....**£9495**

6(06) NISSAN MICRA 1.2 S, Metallic Blade Silver, Only 26000 Miles, Full Nissan Service History, ABS Brakes, Power Steering, Remote C/Locking, Multi Airbags, CD Player.....**£4695**

ESTATES, 4x4 & MPV's

06(56) SKODA OCTAVIA 1.9 TDi AMBIENTE ESTATE TURBO DIESEL, Metallic Jet Black, 1 Owner, Full Service History, Air Con, ABS Brakes, Outstanding MPG, Only £120 Per Year Road Tax, Multi CD Player, Alloy Wheels, E/Sunroof, Remote C/Locking.....**£6995**

06(06) BMW 320D SE TOURING TURBO DIESEL ESTATE, Metallic Sparkling Graphite Grey, 1 owner, Full BMW Service History, Digital Climate Control, ABS Brakes, Traction Control, 6 speed Gearbox, CD Player, Heated Seats, Alloy Wheels, Parking Sensors, Remote C/Locking, Only £150 Per Year Road Tax, Roof Rails.....**£10695**

06(06) KIA CARENS 2.0 GS MPV, Metallic Silver, Only 24000 Miles with Full Service History, Air Con, ABS Brakes, E/Windows, Power Steering, Remote C/Locking, Multi Air Bags.....**£4495**

05(05) FORD MONDEO 2.0 TDCi 130bhp GHIA TURBO DIESEL ESTATE, Metallic State Blue, Full Service History, ABS Brakes, Traction Control, E/Windows, Multi CD Player, Alloy Wheels, Remote C/Locking.....**£5595**

05(05) BMW X5 3.0D SPORT, Metallic Sterling Grey, Full Service History, Full Black Dakota Leather, Comms Pack, SAT NAV + TV, Phone, Aluminum Side Running Boards, Panoramic Roof, Digital Climate Control, Cruise Control, Top Spec.....**£18995**

02(52) VOLVO V40 2.0 SPORT, Metallic Silver, 51000 Miles with Full Volvo Service History, ABS Brakes, Climate Control, Heater Seats, Winter Pack, Alloy Wheels, Remote C/Locking, CD Player.....**£4295**

01(51) TOYOTA RAV4 1.8 NV VVTi Metallic Magnum Gold, Only 35,000 miles with full service History, Air Con, ABS Brakes, Alloy Wheels, E/Windows, Remote C/Locking, Multi Air bags.....**£4495**

p/x welcome

finances
arranged

rousdon
garage near
Lyme Regis
Dorset
DT7 3AW

on the A3052

car centre

rousdon

MOTORING DIRECTORY

MAKE YOUR ADVERTISING BUDGET GO FURTHER CALL TOBY ON 01297 446151

4x4 SPECIALIST



**Vehicle Sales
Service & Repairs
Parts & Accessories**

Power House, Duchy Road, Heathpark Ind. Estate,
Honiton, Devon EX14 1YD
Tel: 01404 46622
www.landrover4u.co.uk

TYRES & EXHAUSTS



Phone now for your no
obligation quote on
01404 548400

- TYRES • EXHAUSTS
- BATTERIES • BRAKES

MOTORBIKE FITTING SERVICE NOW AVAILABLE
FAST, FRIENDLY RELIABLE SERVICE

Unit 9, Devonshire Court, Heathpark Industrial Estate, Honiton
DISABLED ACCESS FACILITIES



**SEATON
TYRE
SUPPLIES**

Your Local Independent Garage &
Professional Tyre Dealer

Car & Motorcycle Tyres Supplied and Fitted.
Plus Exhausts, Batteries & Brakes

Tel: 01297 23881
6 Riverside Workshops, Harbour Road, Seaton

PEUGEOT SERVICE

DOBLES GARAGE



• Servicing • Repairs

• Diagnostics

• Fully Trained

Technicians



www.doblesgarage.co.uk
Station Road, Hemyock

01823 680233

MOTORCYCLE REPAIRS



The Moto Workshop
Motorcycle Repairs and Servicing

Tel: 07779 486 652

Unit 5a, Millwey Rise Workshops
Axminster, E Devon EX13 5HU

TYRES



M & R TYRES
BATTERIES & EXHAUSTS

- MOT REPAIRS
- SHOCKS
- PUNCTURE REPAIRS
- STEERING
- WHEEL ALIGNMENT
- SERVICING
- WELDING
- BEARINGS
- CLUTCHES
- BRAKES
- DIAGNOSTICS

Unit 12, East Devon Business Park,
Wilmington, Honiton,
Devon EX14 9RL

Tel: 01404 831155
Mob: 07747 826326

LANDROVER SPECIALIST

K.J. Salter

SHRUBBERY GARAGE

Range Rover, Landrover
& Discovery Specialists

SALES • SERVICE • PARTS
Extremely Competitive Rates

01297 442046
Rousdon
Lyme Regis DT7 3XW



C.H. Salter & Son LTD

Services all Peugeot models

- MOT
- Diagnostic equipment using Peugeot Planet Main agent levels
- Free collection & delivery
- Free Courtesy Cars

9-11 Alan's Way, Finimore
Industrial Estate, Ottery St Mary
01404 812054
Email: chsalter20032002@yahoo.co.uk

AUTOMATICS

Looking for a SMALL AUTOMATIC?

Choose from the largest stock in the South West.
Most makes & models available, from £2000 to £9000,
many with detailed service history & low mileage.
Good part exchange allowances, usual dealer facilities,
extended warranties & courteous service. We are also
keen buyers of good quality cars of the type we sell.

www.exetersmallautomatics.co.uk
EXETER SMALL AUTOMATICS 01392 444040
Home Farm Garage, Clyst Honiton, Nr Exeter Airport

BODY REPAIRS



**CHURCHILLS
BODY REPAIRS**

Please visit us on
www.churchillsbodyrepairshoniton.co.uk

Insurance and Private Repairs Undertaken on Cars,
Vans, Bikes and some Commercial Body Modifications

- Kits Fitted • Custom Paintwork • Restoration
- Valeting • Low Bake Oven • Car-O-Liner Alignment System
- Mechanical Work • Recovery • Transportation

Higher Crook Farm, Combe Raleigh, Honiton
Phone: 01404 42441 Mobile: 07810 373870

BODYSHOP SPECIALISTS



**Gavin Coombes
Automotive Body Shop**

Accident Repair • Resprays • Restoration
Insurance Work • Valeting
FREE Estimates & Collection
Courtesy Car

Gavin Coombes
Shrubbery Garage
Rousdon Lyme Regis
Dorset DT7 3XW
Tel: 01297 444994
Email: gavin.coombes@homecall.co.uk




**AUTO
SPRAY**

Unit 1, Castle Hill Industrial Park, Castle Hill, Axminster EX13 5RL
01297 33007 / 07980 46941

Accident Repairs • Custom Painting • Alloy Wheel Refurb
Plastic Repairs • Body Kits • Valeting • Free Estimates

VALETING



**LYME BAY
VALETING COMPANY**

From a Wash and Vac
while you wait to a Full
Valet on appointment
Caravans, Mobile Caravans
and Marine Work undertaken

Collection and Delivery
Service Available - **Fully Insured**

Unit 1, Uplyme Road Industrial Estate, Lyme Regis DT7 3LS
Email: lynebavvaleting@aol.com
Tel: 01297 444488 or 07796 616481



GP VALETING

MOBILE
VALETING SERVICE

07989 246845
www.gpvaleting.co.uk

VEHICLES WANTED / SCRAP CARS COLLECTED

**we want your
car today!**

don't part exchange your car we pay
more!

- instant cash • finance settled •
- collection service •

phone : **0871 288 3539**
or go online
www.BUYYOURCARTODAY.net



GOOD PRICES PAID & COLLECTED FREE

- SCRAP CARS • DAMAGED CARS • MOT FAILURES
- FARM SCRAP • HONEST & RELIABLE SERVICE

FOR SALE & WANTED

Wide range of used compact tractors and attachments
ALSO: VINTAGE TRACTORS FOR SALE & WANTED

RING 07831 853518

NEW & USED CAR DEALERSHIPS

FIRST CHOICE FOR QUALITY NEW & USED CARS
at EAST DEVON'S RENAULT DEALER.

- SERVICE • MOTS • REPAIRS ALL MAKES
- LASER WHEEL ALIGNMENT/TRACKING
- AIR CONDITIONING
- CAR HIRE



**HARTS OF
HONITON**

Norbrook Hill, Honiton.

Tel: Sales: (01404) 840029 Services: (01404) 840028
For further details visit our web site: www.harts-honiton.co.uk



Your main Nissan dealer
for East Devon

FOR ALL YOUR MOTORING NEEDS

- SALES • SERVICING • MOT • REPAIRS
- AIR CONDITIONING • CAR HIRE
- LASER WHEEL ALIGNMENT/TRACKING

**HAMILTON
GARAGE**

Church Street, Sidford, Sidmouth

Tel: 0844 3710717

OPENING HOURS 8.30am - 4pm MONDAY - FRIDAY • 8.30am - 5pm SATURDAY

For further details visit our web site: www.hamilton-nissan.co.uk

CASH PAID

Best Prices for **ALL** Vehicles
With or Without
MOT

G.H. Newbery & Son (Honiton) Ltd.
Call NOW 01404 46020

FREE

Collection of unwanted cars/vans
& motorcycles for recycling
Environment agency licensed
ATF Centre
DVLA Licensed for destruction certificates
Some vehicles for cash

Woodbury Car Breakers
01395 232959
www.woodburycarbreakers.com

DRIVING INSTRUCTORS

Learn to Drive with C3 DRIVING SCHOOL

SPECIAL OFFER

Book a block of 10 lessons
for £19 per hour
(Usual price £20 per hour)

Ring **01297 631975** or
07780708360

ALEXANDER SCHOOL OF MOTORING

DSA Qualified Driving Instructor

Patient, Friendly Instruction



Dual Control
Mini Cooper

Book 10 hours
get 1 hour **FREE!**

L Tel: **01297 24281**
Mobile: **07875 843171** **L**

LEARN WITH DAVID LIGHT

A driving school with 38 years experience

LEARN SAFETY FOR LIFE

Pass first time and save money

Before you can achieve any of the
above, you need a fair and honest
assessment on your driving ability.

Your driving lessons can be tailored
to suit your needs, 'Quick Passes or
weekly - you decide.

Good Discounts on Quick Pass Courses

For more information and a
fair deal contact David Light
on **01404 871400**

Most 01297 areas covered

**CHRISTMAS
& BIRTHDAY**
Vouchers Now
Available

MOTORCYCLE TRAINING

DAVE HART.CO.UK

Established 1990

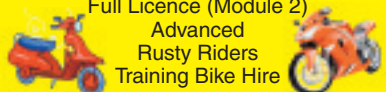
CBT Training Module 1

Full Licence (Module 2)

Advanced

Rusty Riders

Training Bike Hire



Telephone: **01297 22111**

Mobile: **07711 654 408**

E-mail: **dave@davehart.co.uk**

Rob Reed

C.B.T. Training
& Bike Hire

Direct Access
Advanced Training
Rusty Rider Courses
C.B.T. Training

Ring Rob **0845 257 4863**

www.robreed.co.uk

COLYTON DRIVING SCHOOL

LEARN TO DRIVE IN MY NEW SHAPE
FORD FIESTA *SPORT*



Driving Standards
Agency, Approved
and Qualified Driving
Instructor

Patient, Calm &
Friendly Instruction

Call JAMES on **01297 551264** or **07980 136539**

Email: **colytondrivingschool@yahoo.co.uk**

Web: **www.colytondrivingschool.co.uk**

Covering Sidmouth to Bridport & Honiton to Chard

PRO-DRIVE School Of Motoring

- Effective, Patient Tuition
- Free Introductory Lesson
- Free Part One Tuition
- Quick Pass Packages & Pass Plus

Tel: **01297 553754**
Mobile: **07599005228**

REDUCED PRICE DRIVING LESSON VOUCHERS

Offered to new pupils
for up to 6 hours

@ £15.00 per hour
by Eve Hickman

Hickman Driving School
01297 442878

*Happy Christmas to all pupils
passed, present and future*

THIS SPACE
COULD BE YOURS!
Telephone Toby on
01297 446151
for more details

FORD DEALER & REPAIRER

Woolbrook



• SALES • SERVICING • MOT's • REPAIRS

ALL MAKES WELCOME

- AIR CONDITIONING SERVICE
- DIAGNOSTIC WORK • 4 WHEEL TRACKING
- WELDING REPAIRS • TYRES
- WHEEL BALANCING • BATTERIES
- STEERING & SUSPENSION • BRAKES
- CLUTCHES • VALETING

SALCOMBE ROAD, SIDMOUTH (Opposite Radway Cinema)

CALL US TODAY ON **01395 512522**

www.woolbrook.co.uk

MOTORING DIRECTORY

MAKE YOUR
ADVERTISING
BUDGET GO
FURTHER
CALL TOBY ON
01297 446151

SERVICING & REPAIRS

CASTLE GARAGE

John Rowe (Est 1951)
Castle Street, Axminster
Tel: **01297 33110**

FORD AUTHORISED REPAIRER

Used Car Sales including Channel Island
Nearly New Cars,
Vehicle Testing Station,



Ford Servicing, Spares etc
Competitively priced
Tyres, Batteries & Exhausts

TREASLAKES GARAGE

01297 552882

- MOT Testing
- Servicing
- Repairs

Near Seaton Junction, SHUTE,
Axminster EX13 7PW

Monday to Friday 8am - 6pm, Saturday 8.30am - 4pm

AXE VALLEY MOTORS

01297 34217

8-9-10 WEYCROFT AVENUE, MILLWEY
TRADING ESTATE, AXMINSTER

- MOT TESTING ON SITE
- FREE FIT TYRES & EXHAUSTS & BATTERIES
- WELDING SPECIALISTS
- SERVICE & REPAIRS TO ALL MAKES & MODELS
- COMPETITIVE PRICES ON QUALITY PRODUCTS
- TOW BARS SUPPLIED & FITTED

OPENING HOURS

Monday - Friday - 8am-6pm

ALL MAKES SERVICED & REPAIRED

Cars & Light Commercial
Full Service Facilities

- Shop/Newsagent • Recovery

Workshop: Mon-Fri 8am-5pm; Sat 9am-1pm

Forecourt open 7 days a week 6am-10pm

MOT TESTING STATION inc. Class VII

Windmill Garage

Offwell, Honiton (Off the A35)

Tel: (01404) 831228

Can you afford to go anywhere else?



HILLTOP SERVICES

- Repairs and Servicing
- MOT Work
- Exhaust Systems Fabricated for any Vehicle
- Vehicle and Industrial Painting and Repair
- Tyres Supplied and Fitted
- Laser Tracking
- Brake Disc and Drum Lathe
- Hydraulic Hose Service
- Auto Diagnostics
- Sandblasting
- Metalwork and Fabrication
- Recovery Service



01404 861525

Yarcombe, Honiton EX14 9EB

www.hilltopservices.co.uk

C.H. Salter & Son LTD

Your local French Specialists

9-11 Alan's Way, Finlismore
Industrial Estate, Ottery St Mary
01404 812054

10% OFF Services Until end of January 2010

C1, C2, C3, C4, C5, C8 Berlingo And Picasso

Service On All Diesel Citroens

Including Vat £148.35

Service On All Petrol Citroens

Including Vat £148.35

3rd Year Servicing

Service On All Diesel Citroens

Including Vat £228.85

Service On All Petrol Citroens

Including Vat £251.85

10 % Off All The Above Services

Until end of January

MOT Special Christmas Gift £45.00

(normally £53.10 done by independent garage,

no extra re-mot fee charged)

Running until end January 2010

Courtesy Cars Available (On Request)

Or A Free Collection And Delivery Service.

Check Us Out For Prices On All Renault

And Peugeot Models

PEACH'S GARAGE LTD Motor Repairs

Pre-MOT's • Batteries • Welding
Free Fit Exhausts

Servicing for all types of Motor Cars

Wide range of Exhausts, Tyres &

Batteries in stock Supply & Fit Towbars

105B Harepath Road, Seaton EX12 2DX

01297 24543

Out of hours call: **07590 554825,**
07976 508645

HONITON MOTOR SERVICES

Repairs and Servicing to

all makes of Vehicles

and Light

Commercials

Reliable, Friendly Service

Newly

Appointed

Chinese

Motorcycle Dealers

H.M.S. MOTORCYCLES

CONTACT: PETE AVERY

TEL: **01404 831666** MOBILE: **07779 134523**

www.eastdevon.com/hms

Units 6, 7 & 8, East Devon Business Park, Wilmington

COLYTON GARAGE LTD

MOT's, SERVICING,
REPAIRS, TYRES,
EXHAUSTS, BATTERIES,
DIAGNOSTIC WORKS



Old Station Yard,

Station Road,

Colyton EX24 6HA

Tel: **01297 552776**



DIAGNOSTICS / AIR CONDITIONING

SEAN GRIEG - AUTO REPAIRS

GARAGE SERVICES - DIAGNOSTICS

Would you know what to do if one
of these lights came on?



We do!

www.sgautorepairs.co.uk

Tel: **01297 551199**

QUEENS SQUARE, COLYTON, DEVON EX24 6JX

VEHICLE AIR CONDITIONING SPECIALISTS

- Servicing • Disinfection • Diagnostics •
- Recharging • While you wait •

Agricultural vehicles welcome

On site service available

www.dmpthurgood.com

01297 678275 07775 814262

RAY-C-AUTOS

Unit 1, Lyme Regis Industrial Estate DT7 3LS

QUALITY LOW MILEAGE CARS



06 VAUXHALL ASTRA 1.4 LIFE 5 door Estate, manual, full service history, one owner, very low miles, 13,390.....**£6675**



57 FORD FOCUS C-MAX 1.6 STYLE MPV manual, 5 door, full service history, one owner, very low miles, 13,240**£8995**



06 VAUXHALL ZAFIRA 1.6 LIFE 5 DOOR MPV manual, full service history, one owner, very low miles, 23,340 ...**£7250**



08 VOLKSWAGEN POLO 1.2 70 MATCH 5 door hatchback, manual, one owner, fantastic car, miles 18,960.....**£8950**



56 VOLVO V50 1.8 S ESTATE very low miles, Red, 18,950 miles, full Volvo service history.....**£10450**



54 BMW 120D SPORT 46500 miles, history, 2 owners, long MOT (poss AA 2 year warranty), super condition inside and out**£9995**



57 CHRYSLER PT CRUISER CABRIOLET 2.4 LTD 2 owners, one being me, Full leather, electric roof, full loaded, (ONLY) 4,400 miles, Yes (only) 4,400 miles**£8500**



**FANTASTIC
SAVING OFF OF
NEW PRICE**

CITROEN C2 VTR

9 miles only, save
£1500 off list price only
.....**£8295**



56 HONDA JAZZ 1.4 CVT 7 SPORT, auto/manual, one owner, very low miles, Honda service history, 18,000 miles**£8975**



56 VOLKSWAGEN GOLF 1.4 80 S 5 door, black, 30,860 miles, one owner, Volkswagen service history**£8750**



07 VOLVO V50 2.0 D SE, 5 Door Estate, Manual, Diesel, 1 owner, 51,000 miles, full Volvo service history.....**£11950**



54 AUDI A4 1.9 TDi Estate 2 owners, nice condition inside and out, 78,100 miles.....**£7995**



56 VAUXHALL ASTRA 1.6 SXi TWINPORT hatchback, very low miles, Vauxhall service history, 12,750 miles..
.....**£7400**



06 VOLKSWAGEN GOLF 1.6 FSi 5 Hatchback one owner, low miles, Volkswagen service history, 27,100 miles**£8275**



56 RENAULT MEGANE 1.6 VVT DYNAMIQUE Estate, one owner, very low miles, Renault service history, 20,500 miles.....**£7175**



52 LEXUS IS 300 AUTO SPORTCROSS Estate, full leather, lovely drive, good service history, 59,200 miles.....**£5500**



56 XSARA PICASSO DIESEL 1.6 HDi 1 owner, FSH, Low mileage**£6995**



57 CITROEN DISPATCH 1.6 HDi 90 Li.Hi 6 door panel van, very low miles, one owner**£20,250**



06 VAUXHALL ZAFIRA 1.6 LIFE 1.6 5 door, MPV manual, 7 seats, one owner, full service history, low miles, 30,450**£6850**

All these vehicles will come with a long or new MOT and a pre-delivery inspection by Cobb Garage

**Phone 01297 444477 / 445552
or 07768255613 anytime**

Phone Ray to source the Vehicle you require or for specification on any of the above vehicles and to ensure the vehicle you require is on site

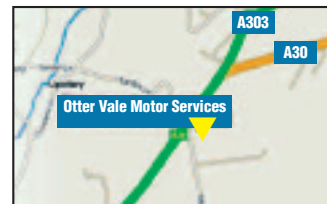
RAY-C-AUTOS NOW ALSO AT UPLYME SERVICE STATION

OTTER VALE MOTOR SERVICES

YOUR COMPLETE MOTORING SOLUTION

WE BUY

Can't Sell Your Car?
Fed Up With Time Wasters
Not Offered A Fair Part Exchange Price?



Call Otter Vale 01404 861155

WE SELL

Wide Selection Of Quality Motor Vehicles At Very Affordable Prices
Find The Right Car For You
Call One Of Our Sales Team On 01404 861155

WEEKLY SPECIAL



**2001/Y FORD RANGER
DOUBLE CAB PICK UP TURBO
4WD, 4 Doors, Manual, Diesel.
117,000 miles, White, MOT-11-
2010. One Previous Owner, Full
MOT, Superb Example,
Warranted Mileage, Air con ..**
.....**£3,495**

Christmas Opening Hours

We are Closed from 5 pm on Wednesday 23rd December
Open again from 8.30 am Monday 28th December
Closed on New Years Day



**2004/04 SUZUKI IGNIS 1.5
SPORT 3 Doors, Manual,
Hatchback, Petrol, 68,000
miles, MOT-09-2010. Full
Service History, Masses of
Service Receipts, Stunning
Looking Vehicle, only 2 former
keepers, Warranted
Mileage.....£3,495**



**1997/R RANGE ROVER 2.5
DSE, 4 Doors, Manual, Sta-
tion Wagon, Diesel, 80,000
miles, Red, MOT-07-2010.
Superb Throughout, Full
Cream Leather, Recent
Service, Radio CD Player,
Heated front seats, Cruise
Control.....£4,995**



**2001/Y HONDA HR-V 1.6
4WD, 3 Doors, Manual, Es-
tate, Petrol, 101,000 miles,
Silver, MOT-12-2010. FSH inc
Recent Cambelt, Superb
Example, only 2 former
keepers, Air conditioning,
Alloy wheels.....£2,795**



**2007/07 HYUNDAI Getz 1.4
CDX, 5 Doors, Manual,
Hatchback, Petrol, 7,000
miles, Grey, Full Service His-
tory, Full MOT, Superb Ex-
ample, One Previous
Owner, Warranted
Mileage, Air Con, Alloy
Wheels.....£5,995**



**2001/X SEAT LEON 1.8 20V
T SPORT CAPRA 5 Doors,
Manual, Hatchback, Petrol,
79,000 miles, Red, Full MOT,
Full Franchise History, CD
Multichanger, Air Condition-
ing, Alloy Wheels.....£2,995**



**2000/W PEUGEOT 306 2.0
HDI 90 Meridian, 5 Doors,
Manual, Hatchback, Diesel,
132,000 miles, Blue, MOT-
07-2010. Superb Condi-
tion Inside And Out, Serv-
ice History, Radio/CD, Air
conditioning, Alloy wheels.
.....£2,250**



**FORD FREDa 2.5 TD AUTO
FREETOP 8 SEATS, Auto-
matic, MPV, Diesel, 79,000
miles, Green Silver, MOT-07-
2010. Superb Condition In-
side And Out, only 2 former
keepers, Auto Freetop With
Skylight.....£4,995**



**2001/Y FORD Ka 1.3i 2, 3
Doors, Manual, Hatch-
back, Petrol, 77,000 miles,
Silver, Full MOT, Service His-
tory, Very Clean and Tidy,
Front electric windows,
Power assisted steering.....
.....£1,795**



**2003/03 FORD FOCUS 1.8
ZETEC, 5 Doors, Manual, Es-
tate, Petrol, 47,000 miles,
Blue, MOT-09-2010, One
Previous Owner, Superb
Condition Inside and Out,
Air Conditioning, Remote
Locking.....£2,995**



**2003/03 VAUXHALL Astra
1.8i 16v SRI, 3 Doors, Man-
ual, Hatchback, Petrol,
90,000 miles, Black, MOT-
06-2010. Full Service His-
tory, Warranted Mileage,
only 2 former keepers
£2,995**



**2003/03 MG ZS 1.8 120 +,
5 Doors, Manual, Hatch-
back, Petrol, 37,000 miles,
Grey, MOT-09-2010. Full
Service History, Superb
Throughout, Warranted
Mileage, CD Player, Re-
mote central locking, Air
con.....£2,495**



**1998 LAND ROVER FREE-
LANDER 1.8 XEi HARD-
BACK, 3 Doors, Manual,
Hardtop, Petrol, 68,000
miles, White, Superb
Throughout, Full Service His-
tory, Full MOT, only 2 former
keepers, Air con, Alloy
Wheels.....£2,250**



**2003/03 AUDI TT 3.2 V6
Quattro DSG, 2 Doors, Au-
tomatic, Coupe, Petrol,
69,000 miles, Silver, MOT-
11-2010. Showroom Con-
dition, Full AUDI Service
History Up To Date, Fitted
With Tracker Location Sys-
tem.....£10,250**



**1998 VOLKSWAGEN Golf
1.4 S, 5 Doors, Manual,
Hatchback, Petrol, 90,000
miles, Grey, Full MOT, Re-
cent Service, Superb Con-
dition Inside And Out, only
2 former keepers, Alloy
wheels.....£2,250**



**2002/01 ROVER 45 1.6 il
16v, 5 Doors, Manual,
Hatchback, Petrol, 51,000
miles, Green, MOT-09-
2010. Service History, Lots
of invoices etc, Very Clean
and Tidy, only 2 former
keepers.....£1,795**



**2000/W BMW 523i SE, 4
Doors, Automatic, Saloon,
Petrol, 70,000 miles, Silver,
MOT-04-2010. One Owner
From NEW, Full Service His-
tory, Showroom Condition,
Warranted Mileage,
Heated Leather seats.....
£4,995**

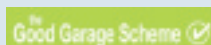
WE ASSIST

ALL MOT'S £34.99 BETWEEN NOW AND CHRISTMAS - CALL 01404 861 474



From MOT's To Servicing, Tyres to Tracking, We can cater for it all here at Otter Vale Motor Services. A Dedicated Team of mechanics on call 6 days a week to help overcome all your motoring worries

Your Local Good Garage Scheme Member



www.goodgaragescheme.com

Sport

**THE BIGGEST
AND THE BEST COVERAGE
OF LOCAL SPORT**

Rugby round-up

REVIEW

BOTH local sides have enjoyed very differing, but interesting starts to their respective 2009/2010 League campaigns.

SIDMOUTH, in their 125th season, ended the 2008/9 campaign in a very creditable fifth place in the South-West League division One (West) and would certainly have aspired to maintaining or improving that placing.

It has not happened for them however. An early and narrow loss at recently promoted Cullompton, followed by heavy defeats at the hands of Hartpury College and Ivybridge, tended to sap their confidence.

Injuries to several pivotal players did not help their cause overmuch and, although they rallied subsequently, they never really strung a series of wins together and would have frustrated their coaches in the extreme by, seemingly having lost the knack of winning the close games, often leading well into the final few minutes, before losing focus and conceding vital points.

In consequence they lie just above the relegation zone. As to the reasons; they have little to do with luck, a little more to do with their injury list, but probably more to do with a lack of confidence. At the onset of their campaign they would probably have felt that, overall their squad was marginally stronger than of yore, and would have known that good players do not become bad players overnight.

There were signs that they were, "on the up" latterly and I think that, in the new year they may well climb the table. It will not be easy though, for their league is a most competitive one.

HONITON'S rebuilding process has not been helped by the injury to one or two influential players. The Devon Union has, in its wisdom, cast aside the divisions one and two format and formed two parallel divisions, one in the North and east and the other in the South and West of the county with the result that the standard of play in each division is not as high as was previously the case.

Honiton lie in the top flight of the N & E Division but their form has been far from consistent, a fact that must have frustrated them. They do however retain the ability to win close games and to win while they are

not at their best, a talent for which Sidmouth would pay handsomely, if it could be purchased or sold. Having watched them on several occasions, I feel that the pattern is taking shape but has a little way to travel.

As a club they do traditionally tend to play better in the spring than in the autumn and it may be that a good run in the cup will bring them together. They tend to "come in ones" at the moment.

Whatever else, be it promotion or relegation, triumph or disaster, they all have a happy and injury free new year.

PREVIEW

SPEAKING nationally there was not too much rugby to be played on the first Saturday of the new year. The way things have transpired however, many clubs will be involved in playing League games that were postponed for one reason or another in the autumn.

The rule is, I believe, that postponed League games are to be played on the first available Saturday after the postponement and, as both SIDMOUTH and HONITON lost games to the weather on the Saturday before Christmas, one would assume that these fixtures would take place on January the second.

Not so, for SIDMOUTH'S last opponents suffered prior postponements and these earlier fixtures take precedence. As it stands therefore, the Blackmoor club will not have League rugby on the first Saturday of two thousand and ten and its first side takes the day off. All is not lost however, certainly as far as HONITON is concerned.

They too have lost games to the weather this season but are Devon's sole represented in a National Cup that has replaced the Vase competition, in part anyway, and take on BODMIN from the Cornwall League Division One in the first round of the competition.

They were scheduled to play a League game, against Topsham I believe, but seemingly the cup takes precedence. (Will any one who can understand all that, please explain it to me).

As to predictions, I held the belief that play in the first division of the Devon League was of a higher standard than that in its Cornish coun-

terpart. However since the powers that be in the Devon Union decided to allocate teams as to geographical location rather than on ability I tend to think that this is no longer the case overall.

Honiton have faced Bodmin on one or two occasions in the past and have always emerged comfortable winners. That fact means little however. The Duchy's county town currently lie in the top flight of Cornwall's first Division and will certainly be no mugs, while the Allhallows side, although topping the Devon League North and East Division, are unlikely to remain there as other sides play their games in hand.

They are not playing too well either and have recently scraped home against sides whom they would have expected to best comfortably.

They do like the cup however and their home advantage will certainly help.

I do expect them to progress into the next round, probably by no more than a score.

As to the second sides, the Bodmin second string accompanies its firsts to Honiton and will take on the club's second team in what could be anybody's game.

Sidmouth seconds should however have rather too much for Teignmouth seconds and their third side should certainly win at Withycombe seconds. Sidmouth Colts however face a difficult game at Exmouth.

FIXTURES 2nd January - Bridport v Wimborne 2nd (away); Bridport 2nd v No Game; Chard v Old Sulians (home); Chard 2 v Somerton (away); Chard 3rd v Wiveliscombe 2nd (home); Chard Colts v Burnham on Sea Colts (home); Crewkerne v No game; Dorchester v No game; Dorchester 2nd v Ellingham & Ringwood (home); Honiton v Bodmin (home) Cup KO 2pm; Honiton 2nd v Bodmin 2nd (home); Honiton Colts v Barnstaple Colts (home); Sidmouth v No Game; Sidmouth 2nd v Teignmouth 2nd (home); Sidmouth 3rd v Withycombe 2nd (away); Sidmouth Colts v Exmouth Colts (home); Weymouth v Warminster (home); Weymouth 2nd v Wincanton (home).

with Keith Jenkin

SUNDAY Independent



**Biggest and brightest
sports supplement
every Sunday**

Athletics
Basketball
Boxing
Cricket
Equestrianism
Fencing
Football
Golf
Hockey
Horse Racing
Moto-X
Pilot Gigs
Rowing
Rugby
Sailing
Snooker
Speedway
Squash
Swimming

Win Find-the-Ball Jackpot

**FIRST FOR LOCAL
SPORT EVERY SUNDAY**
ORDER YOUR COPY TODAY

The Sunday Independent is part of
the Tindle Newspaper Group

HONITON RUNNING CLUB

Hundreds expected for Sport Relief events

With Alan Nicholls

ON Sunday, March 21st Honiton will be shaken by the sound of hundreds of competitors taking part in the town's Sport Relief Mile events.

Honiton Running Club are promoting the one, three and six mile events and are expecting a mammoth turnout from the population of Honiton and East Devon. Hundreds of thousands of people across the country will take to the streets at the same time in a nationally televised event.

So as the New Year approaches give a thought to those who need your support through these difficult times. Enter the Sport Relief Mile and make a New Year Resolution to get fit and join the challenge.

Why not challenge your friends and relatives to see who can get the fittest or raise the most cash.

Sport Relief harnesses the power and passion of sport to change lives for the better. By doing sport, having fun and raising money, everyone can do good and feel good.

All the money raised is spent by Comic Relief to help vulnerable people living incredibly tough lives both at home in the UK and across the world's poorest countries.

This challenge is not just for runners but for the whole community. We are hoping that everyone gets behind us and joins in the fun, we want kids, mums and dads, grandma's and grandpa's, teams and clubs to get out, have a great time and raise lots of cash for this worthwhile cause.

The Sainsbury's Sport Relief Mile challenge events will be starting in Honiton High Street and finishing in New Street and will hopefully surpass the 460 runners who turned out for the 2008 event.

We have upped our allocation to 600 so



hope the Honiton people will put their best foot forward to reach this target.

The mile challenge which starts at 10.30am will be based on a loop of High Street and King Street while the three and six mile challenges start at 11.30am and will cover a loop of High Street, Sidmouth Road, Battishorne Way, Weatherhill Road, and Church Hill - once for three miles and twice for six miles.

So don't delay, get your entry in now.

Go online to www.sportrelief.com and enter the Honiton Mile event, the Sport Relief shop will be opening soon to buy your Sport Relief T-shirt, and lots of other exciting goodies. Download a sponsor form and start fundraising.

There are lots of ideas on the website for raising funds so rise to the challenge and join the hundreds of thousands of people at Sainsbury's Sport Relief Mile events taking place across the whole nation.

◆ AXE VALLEY RUNNERS

DESPITE wearing a sparkly Christmassy dress - AVR Dave Kelf clocked-up a new 5k personal best of 26:45 in the Gorleston Cliffs Park Run near Great Yarmouth on Boxing Day.

PERRY STREET LEAGUE CORONATION CUP FINAL

LYME REGIS 4 S.PETHERTON 0
Coronation Cup Final December 26th
LYME Regis and South Petherton met for the first time this season in the 56th Coronation Cup Final at Combe St Nicholas on Boxing Day Morning. And, despite Petherton missing several key players, it was the Seasideers who deservedly sailed away with the trophy after a stunning first-half performance.

Lyme flew out of the blocks and were clearly pumped-up for the occasion. Adam Caddy was fortunate to escape a first-minute card from referee Mark Macey when he clattered into James Cattigan. The full-back was unable to continue - the incident had a galvanising effect on Lyme who went into the game as slight underdogs.

Caddy opened the scoring in the 20th minute when he surged up the Slades Cross Ground slope before unleashing a 25-yard drive that Lee Holt, standing in for regular Petherton keeper Jardine MacKenzie, was unable to even get a glove on.

The lead was doubled two minutes later when left-winger Rob Thomson curled in an incisive cross that had 'finish me' writ-

ten all over it - Joe Bond needed no second invitation and slid the ball home. Bond put Lyme away and clear at 3-0 in the 43rd minute after skipper Caddy slotted through a clever reverse pass.

Any hopes Petherton may have harboured of a fight-back were scuppered in the third minute of first-half injury time when Dave Robinson weaved through the shell-shocked defence before beating Holt.

League top scorer Rich Hebditch was denied a 47th minute reply by a magnificent twisting save by pick-of-the-League keeper Ashley Caddy who went on to keep his sixth clean sheet in seven games. But Lyme were largely untroubled by a Petherton side who paid the penalty for turning up with a depleted squad strangely lacking the full quota of substitutes.

Robin Townsend, who collected his first trophy as Lyme manager, deserves a mention for sending out a squad that were intent on not only winning the trophy but also putting down a marker in the three-horse race for the Premier Division title - they clearly did that - and in some style.



◆ CHAMPIONS: Lyme Regis celebrate after Boxing Day's Cup Final

EAST DEVON HUNT SKITTLES LEAGUE

Vanstone hits massive 96 for Cocks & Hens

DIV ONE	Pld	W	D	Pts	Talaton	10	5	1	11
Marvels	10	9	0	18	Axe Valley	10	5	0	10
Sutton Wand	10	9	0	18	Bashers	9	4	0	8
Auctioneers	11	7	0	14	Broadclyst Soc..	10	4	0	8
Foxenhole	10	6	0	12	Brooksidars	10	4	0	8
Culm Vale	11	6	0	12	Goldtops	9	3	0	6
Marsh Green	11	6	0	12	Maynards	10	3	0	6
Zulu Warriors	10	4	0	8	Sylvia's Angels...	8	0	0	0
Blacksmiths	11	4	0	8					
Breakaways	10	3	0	6	DIV FOUR	Pld	W	D	Pts
Honiton Clyst	10	3	0	6	Plymtree	9	7	0	14
Top Cats	10	3	0	6	Cee Dee's	10	7	0	14
Awlisc Shoot	10	2	0	4	New Inn	9	6	0	12

DIV TWO	Pld	W	D	Pts
Blackdwn Boys	10	8	0	16
Uptonery	9	7	0	14
Westhill.com	10	5	1	11
Sidford	9	5	0	10
Ur Arrs	7	4	1	9
Broadclyst	9	4	0	8
Latecomers	10	4	0	8
Stags	10	4	0	8
Fountain Flyers	9	3	1	7
Originals	9	3	1	7
Night Owls	7	3	0	6
Tuckers Arms	9	2	0	4

DIV THREE	Pld	W	D	Pts
Sue's Stars	10	9	0	18
Perkins Village	10	8	0	16
A Team	10	6	1	13
Blackborough	10	6	0	12

Top individuals scores (80+):
Kevin Vanstone (Cocks & Hens) 96, Marcus Pratt (Culm Vale) 92, Brian Chattey (Blacksmiths) 90, George Woollacott (Sutton Wanderers) 88, Paul Hill (Auctioneers) 87, Adrian Williams (Yoyo's) 83, Andrew Luxton (Sutton Wanders) and Cliff O'Dell (Yoyo's) both 82, Rod Anning (Marvels) 80.

COLYTON SKITTLES

The Mike Sansom Nomination Trophy

MIKE Sansom Nomination Trophy qualifying results (Top three go through to the Final).

RED LION (SIDBURY) GROUP.
Honiton WMC A (S Pye) 67 Vine A (C Every) 62 Eagle Tavern (C Hutchings) 53 Honiton RBL A 52 Vine B 48 Star A 42 Honiton Con A 40 Rising Sun A 29.
Volunteer A, Sidbury Stones, Honiton RBL C, Rising Sun B and Sidbury Social A all failed to turn up.

VINE INN GROUP

Tuckers A (S Hembrow) 54 Red Lion Sidbury (M Paver) 52 Three Tuns Harts (S Land) 49 Honiton RBL D 47 Offwell A 47 Honiton WMC B 41 Star C 39 Honiton RBL B 38 Three Tuns A 33.
Star B, Stockland B, Honiton Con A, Mountbatten Whites and Volunteer B all failed to turn up.

AXE VALE

SOCIAL CLUB GROUP

Red Lion A (C Miller) 55 Axe Carpets A (B Huntley) 53 Lamb B

(M Pidgeon) 49 Tuckers B 47 Lamb A 47 Axe Con A 39 Red Lion Cavaliers 37 Axe Inn B 33 New Inn A 31 Tuckers C 30 Old Inn B 16. New Inn B, Old Inn A and Axe Inn A all failed to turn up.

KINGFISHER GROUP

Axe Vale SC. A (G Hayball) 47 White Hart B (Michelle Craker) 44 Axe Vale SC B (T Miller) 42 Gerrard B 39 Axe Vale SC C 37 Gerrard A 30 Seaton SC A 24 White Hart A 20 Colcombe B 12.
Colcombe A, Beer Albion, Seaton SC B, Beer SCA and Harbour C all failed to turn up.
Beer B (S Somers) 52 Seaton AFC. A (M French) 48 Seaton AFC. B (D Park) 39 Kingfisher A 36 Kings Arms B 34 Kingfisher B 33 Harbour A 25 Kings Arms A 23 Axe Carpets B 19.

Harbour Beerboys, Harbour B, Ship, Beer Vikings and Seaton Bowling Club all failed to turn up.
The Final is on Saturday, January 23rd at the Gerrard Arms, 8.30pm start.

Windwhistle Golf Club news

THERE was a very positive turnout for the Annual General Meeting on 10/12/09 which was chaired by the current Captain, James Foulger. The committee continues to grow as three new members were appointed: Mike Donnahue as 'Friendly' captain, Graham Pike as A-Team captain and Peter Hamilton-Walsh as press secretary.

The committee would like to thank James Foulger, who has had a fantastic year as club captain. Not only has he taken the club forward through numerous competitive and social events, he has also raised almost two thousand pounds for his nominated charity.

Andy King was confirmed as captain for 2010 and Paul Fenton (Treasurer) was confirmed as his Vice Captain. We wish them well in the forthcoming year. Andy King will host his first engagement of 2010 with the 'Captain's Drive In' competition on January 9th.

Meanwhile the 'Tuesday Marauders' held their annual 'Christmas Cup' compe-

tion and dinner and presentation evening on the 15th December. This was hosted by the founders Steve Elwood and Mervyn Jeanes. It was a great day and greater evening enjoyed by nearly all members.

Many thanks to Pete Spencer-Farr for taking up his usual position as comedian and general entertainer.

The 'Christmas Cup' was played for the first time with the three new holes being brought into play (holes four, five, and six) much to the delight of the players.

The results for the day were: Mike Donnahue - Overall Winner, Ted Wachen - winning the Front Nine, Paul Fenton - winning the Back Nine and the team game was won by Pete Hamilton-Walsh, Pete Spencer-Farr and George Willerton.

Awards went to the following winners: Andy King (Summer Cup) Pete Hamilton-Walsh (Autumn Cup), Mike Donnahue (Christmas Cup) and Andrew Perry (Spring Cup). Although Andrew Perry could not attend the evening he received

his award by phone from Egypt while listening to 'Happy Birthday' sung by his fellow Marauders.

Many thanks go to Karl Cox who picked up a special award for his contribution to the Marauders throughout the year.

The Marauders would also like to thank the bar and kitchen staff who worked hard to make the evening a success.

Making a return to his grotto at the Windwhistle on Friday 18th December was Father Christmas and he was assisted by a giant elf and an angel.

Many thanks go to 'Sure Sounds' who provided a disco, free of charge, for the hoards of over excited children before they saw Santa and each collected a gift.

Once again catering staff pulled out all the stops and provided a huge selection of party food for children and adults alike (mulled wine went down particularly well).

They also serve a great Sunday lunch which includes vegetarian options and is available to all non-members.

Chard & District Swimming Club round-up

LOCAL members of Chard and District Swimming Club participated in the West Dorset Christmas Open Meet on the 5th December, held at Bridport Leisure Centre, writes Steph Hallam.

Once again Swimmers were aiming high with several of them reaching the South West Regional qualification times required to compete next year at a South-West regional level. It was the first opportunity for many younger swimmers to compete in an open meet.

Congratulations go to Ben Fowler, 13, who achieved his first ever South-West Regional Qualifying time (SWRQT) in the 100m Backstroke with a time of 1-10-29.

He also won this event alongside the 100m Individual Medley, with a second position in the 50m Backstroke and two thirds in the 50m and 100m Freestyle events.

Luke van den Barselaar, 14, qualified for a SWRQT in the 100m Backstroke event with a time of 1-08-70 winning the 50m Backstroke, 50m Breaststroke, 100m Freestyle, 100m Backstroke and achieving silver in the 50m Butterfly event.

Hannah Pullinger, 14, achieved two South-West Counties Consideration times in the 100m Freestyle: 1-04-25 and 100m Backstroke: 1-13-68.

She won both these events alongside the 50m Backstroke with second positions in the 50m Butterfly, Breaststroke and 100m Breaststroke.

Jake Hallam, 13, won the

50m Breaststroke, 50m Backstroke, securing second place in the 50m Freestyle, 100m Freestyle, and 100m Backstroke events. Abigail Dare, 12, won the 50m Butterfly and 100m Butterfly with a second position in the 50m Freestyle and third in the 50m Backstroke and 100m Individual Medley. Oliver Bilbie, 11 won both the 50m Backstroke and 100m Backstroke and finished in third place for the 50m Freestyle.

Whilst Jamie Pullinger, 11 won the 100m Individual Medley, finishing in second position for the 50m Butterfly, 50m Backstroke, 100m Freestyle, 100m Butterfly and obtaining a third for the 50m Breaststroke.

Elsie Emery also 11 years, achieved a first in the 50m Butterfly, 100m Backstroke, 100m Butterfly, 100m Individual Medley, a second in the 50m Freestyle and 100m Freestyle finishing in third for the 50m Backstroke.

Charlie Kendall, 10, won his 50m Backstroke event with second place in the 50m Freestyle and 100m Individual Medley. Bea Brett,



◆ DANIEL Walker, aged 12, and Hannah Pullinger, 14, (pictured above) have been awarded the Chard & District swimming club's 'Swimmer of the Month' trophy for November.

Daniel's progress was measured by the RANX system. He accumulated the highest number of points for progress. During the month he also obtained one of his previous South West Regional qualifying times.

Hannah obtained two new South-West Counties consideration times in the 200m Freestyle: 2-21-49 and a time of 1-25-06 in the 100m Breaststroke event.

9, won both the 100m Individual Medley event and 50m Backstroke. Ella Harvey, 9, came second in the 50m Butterfly and third in the 50m Backstroke whilst Libby Barnes, 9, came third for her 50m Breaststroke.

Other Local competitors were: Abigail O'Leary, Jade Hawkins, Mollie Simpson,

Lauren Real, Jenna Emery, Ryan Adair, Tristan O'Leary, Lewis Pearson, Iain Ross, Jay Kindred, Nathan Roberts, Sarah Underwood, Natalie Underwood, Ben Greenslade, Jacob Crofton, Susan Ross, Lauren Harrison, Barnaby Down, Wesley Holmes and Jake Harvey.

**THIS SPACE COULD
BE YOURS**
To advertise here
call the advertising
team on
01297 446057

Sport

**THIS SPACE COULD
BE YOURS**
To advertise here
call the advertising
team on
01297 446057



◆ ACTION from last week's Devon & Exeter League Division One clash between Seaton Town (green) and Beacon Knight at Colyford Road. A Josh French goal gave the Greens all three points and top spot in the table.

Photo by COLIN BOWERMAN



◆ HONoured: Giles Richards, who runs the Matt Fiddes Martial Arts Schools throughout Devon, Dorset and Somerset has beaten off competition from throughout the UK to land the prestigious Instructor of the Year award for 2009 at a ceremony held at a Martial Arts academy in Swindon. Giles, 23, also collected the Kick-Boxing School of the Year award.

GOLD WANTED

ANY DESCRIPTION

IMMEDIATE SETTLEMENT AT ANYTIME

CONTACT US NOW AT

BANWELL ANTIQUES

SALE NOW ON - 30% off all stock until 31st January

HONITON

65 High Street,
Honiton, Devon, EX14 1PW

(01404) 42776

SIDMOUTH

Banwell house, Old Fore St,
Sidmouth, Devon, EX10 8LP

(01395) 577300